

Issue 21

St. Vincent's Foundation Newsletter for the *Friends of St. Vincent's*

**Autumn
2019**



St. Vincent's Foundation is the philanthropic fundraising arm of St. Vincent's Healthcare Group



**ST. VINCENT'S
HEALTHCARE GROUP**

Advancing Healthcare Since 1834



St. Vincent's Foundation

Board of Directors: Mr. David Ryan (Chairman), Ms. Stephanie Fitzpatrick,
Mr. Dermot Furey, Prof. Michael Keane & Mr. John Hickey
Registered in Dublin, Ireland, Company No. 464228
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*St. Vincent's Foundation
is a voluntary
organisation and all
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Welcome from John Hickey, C.E.O. (Voluntary) of St. Vincent's Foundation

Thank you for taking the time to read this, the 21st edition of *Friends of St. Vincent's*.

For more than eleven years we have reported on the hundreds of donors and fundraisers who have made such a difference to the care environment in our hospitals.



We also featured many investments that were enabled by the money raised from all this hard work. These have ranged from large research projects to equipment for patient care, to education for our staff, particularly in specialist roles in the hospital. Some of the research has been particularly notable and has led to additional funding from external sources. The equipment has included specialist diagnostic and operating systems and many items that contribute to patient comfort such as custom designed beds, chairs and communication systems.

We place great emphasis on transparent reporting of all income and expenditure. These are readily available on our website www.stvincentsfoundation/transparency throughout the year and we always welcome any specific queries or requests for clarification.

In this edition we are delighted that we have contributions from some of the care providers. These give insights into the difference that funding support has made to patient outcomes and to the insights that continued research has made to the delivery of care. Much of what is reported in these articles has already been funded through the efforts and generosity of so many people. There is, however, a continuing need for financial aid and we encourage readers to consider how they can make a difference.

I hope you enjoy the stories of fundraising activities and get an understanding of the hard work and, often, the ingenuity that lay behind the projects. We are so grateful to the talented people who have done all this. We have featured many of the improvements that have flowed from this funding

Regular readers of *Friends of St. Vincent's* will recognise many of the people who, every year, or even twice a year organise events to fundraise. No expression of thanks is adequate to capture the work that goes behind these successes. Each year is equally notable because new fundraisers emerge. Usually they have a passion for some particular area of health and see how they can make a positive difference and they do.

I would like to highlight one particular group who have contributed. The St. Vincent's Rugby Club organises a Charity Ball each year. The commitment to make this happen while busy with their studies is admirable and augers well for the care they will bring to their patients in the future.

Our relationship with donors tends to be different. In most cases, but not in all, they request anonymity for their donation and, of course, we always respect this. We must thank them and know that they will recognise the reference to their donation in our reporting.

Welcome continued.....

As we head towards Christmas and New Year we will be having our annual Christmas Raffle and selling Christmas Cards. We would welcome any support that readers can give. This year we will be contributing to Pancreatic Cancer care and research. This medical area is badly in need of all the support we can provide.

Please enjoy the content and remember you can get up-to-date information on our News & Events on our website www.stvincentsfoundation.ie.

John Hickey, C.E.O. (Voluntary), St. Vincent's Foundation

Our Commitment to Donors & Fundraisers

As a voluntary organisation, St. Vincent's Foundation assures donors and fundraisers, that every cent raised goes to the intended cause.

We can do this because the quite minimal costs involved in running the Foundation are covered by existing funds received over the years from Business Partners and bank interest.

However you choose to help St. Vincent's you are assured that all your donation goes to your selected cause without deduction of costs.

We are a voluntary organisation dedicated to raising funds for patient care, research and education in St. Vincent's.

***All donations and grants are shown on our website
www.stvincentsfoundation.ie***

***St. Vincent's Healthcare Group comprises
St. Vincent's University Hospital, Elm Park, Dublin 4 (affiliated with
University College Dublin); St. Vincent's Private Hospital, Elm Park, Dublin 4
& St. Michael's Hospital, Dun Laoghaire, Co. Dublin.***



www.stvincents.ie



Fundraising Highlights

In the following pages we detail many of the events that contribute to support for equipment and activities in our hospitals and to enable the many research projects that, over time, improve our capacity to care for patients and enhance their outcomes. Mostly, sources of support can be summarised as follows:

- ♦ **Personal Donations.** Usually done on a confidential basis where the donor wishes to make a difference but not be publicly identified. We always respect this and, if in doubt, do not name benefactors.
- ♦ **Fundraisers.** Ranging from personal participation in large events to uniquely organised functions, these are a major contributor to our funds. The creativity involved is amazing.
- ♦ **Contributions from Pharmaceutical Companies.** In support of specific research projects or healthcare initiatives, these companies' grants are very important in pursuing our aims of improving the medical environment for our patients.
- ♦ **Bequests.** Increasingly in recent years we have seen that people are setting down what they want to happen after their death and often including a gift to a preferred charity. In our case this frequently is for a specific cause in the hospital. St. Vincent's Foundation has been an active partner in MyLegacy.ie in encouraging people to make Wills and to consider a small donation to a charity of their choice. The central feature of this is "Best Will Week" which happens each Autumn.
- ♦ **Donations in lieu of funeral flowers.** These continue to be a most generous source of support. The generosity is all the more remarkable given the sadness affecting the bereaved families at the time.
- ♦ **Wedding favours.** On a much happier note, we are always delighted when couples decide to include a gift to St. Vincent's, as part of their wedding plans, instead of Wedding Favours on their great day.
- ♦ **Tax Refunds.** In some circumstances personal donations can allow us to make a claim from the Revenue for a tax rebate which increases the value of the donation at no further cost to the donor. We encourage donors to sign the necessary certificate where appropriate.
- ♦ **Collection Boxes.** Each year these boxes throughout the hospital raise nearly €10,000 which is a very welcome addition. We must thank those people who, completely anonymously, support our collection boxes so generously throughout the hospital.
- ♦ **Standing Orders.** We take the opportunity to thank the people who, over time, have created Standing Orders for regular payments to St. Vincent's Foundation. Many of these have been running for several years and we really appreciate each and every one.

A big, big thank you to all involved and we hope you will enjoy and be inspired by the stories that follow.



Fundraising Highlights continued.....



2019 Sligo Warriors Run:

Since 2013, the Sligo Warriors Run Committee have donated to St. Vincent's at the request of Denis Foley, whose land is part of the course.

The Warriors Run is a multi-terrain 15km race, which takes 800 competitors from the beachfront in Strandhill to the top of Knocknarea, around Queen Maeve's cairn and back to the beachfront. €2,000 was donated to St. Vincent's from the this year's event, making a total of €9,000 to date. We are most grateful to Denis Foley, the Committee and all involved for their generosity over the years and for again thinking of our patients.

Camino Walk fundraising for the Liver Unit:

Thank you to Claire Kehoe from Wexford, whose father undertook the Camino Walk fundraising for the Liver Unit. Claire is a liver transplant recipient and we are most thankful for their fundraising proceeds of €498.76. Our thanks to her Dad also!

KBC Fund Management donation:

We are grateful to the Charity Committee in KBC Fund Management who make an annual donation of €250 for patient care here in St. Vincent's.



Donation for Robotic Surgery Equipment:

A patient was inspired by the effectiveness of the Robotic Surgical system in St Vincent's and made a personal donation of €750 to support its expansion. This donation and similar will assist us to ensure that equipment in the hospital is world class and properly supports the highly-skilled staff who carry out these procedures.

€10,000 bequest for M.S. care in Neurology:

Legacy gifts have, for many years, been an important contributor to our funds. We are very grateful to a recent bequest of €10,000. The donor wished that M.S. care in Neurology would benefit after his death. May the donor Rest in Peace with our thanks.

Carmel & Erin's 10,000 step challenge for Pancreatic Cancer care and research:

Our thanks to mother and daughter, Carmel & Erin Williams, who again this year undertook a daily 10,000 step challenge in June, to fundraise for Pancreatic Cancer care and research. They raised €790.32 from this great effort and result. In the last three years they have raised over €1,800 for this important cause.

Fundraising in U.S.A. for St. Anne's Cancer Care in St. Vincent's:

Cancer Care services in St. Vincent's were a beneficiary of USD\$1,200 (€1,057.83) from a recent fundraising by the Sons of Erin – Healy Fishing Tournament in Massachusetts, U.S.A. This very generous contribution was made in memory of recently deceased Stephen Kelly. Stephen's brother Ollie is a member of Sons of Erin.

We are grateful to Ollie ([pictured here](#)), who called to the hospital to present the cheque. Our sincere thanks to all.



Fundraising Highlights continued.....



Donation in memory of Pauline O'Reilly-Davis RIP for Cancer Care:

In memory of his beloved wife Pauline O'Reilly-Davis, Winston Davis recently called in to present €550 for Cancer Care here in St. Vincent's. This donation came from funeral donations and also a collection in memory of Pauline taken up by Winston's colleagues in Dublin Bus.

Pictured is Winston Davis (on the right), along with his colleague Des O'Toole (on the left) from Dublin Bus, presenting the donation to John Hickey.

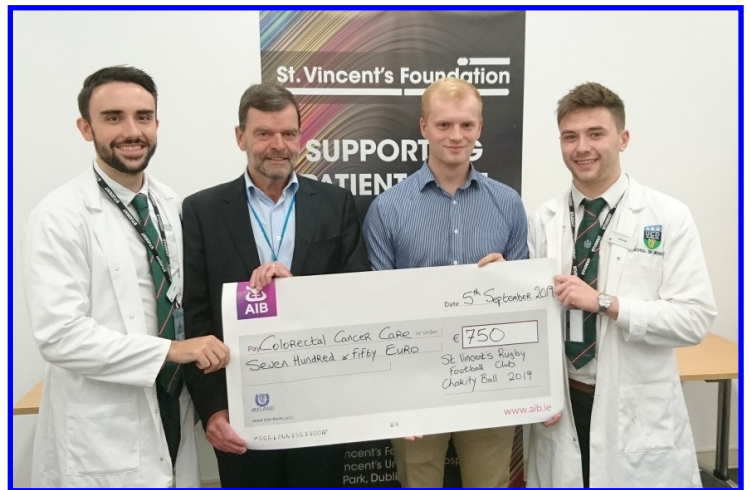
St. Vincent's Rugby Club's Charity Ball for Colorectal Disease care:

Every year the committee of St. Vincent's Rugby Club organises a Charity Ball to benefit particular causes in St. Vincent's Hospital.

The hardworking committee this year, under the guidance of Jeremy Dover, had a very successful event, raising €750 for the Centre for Colorectal Disease here in St. Vincent's.

Organising the Ball is a very challenging undertaking for this amazing group, who are simultaneously engaged in demanding medical studies and placements. We particularly appreciate their support on behalf of our patients.

Thanks again to all.



Pictured at the cheque presentation are Eoin Collins, John Hickey, Jeremy Dover & James Gibson

John Delaney Golf Classic for Cystic Fibrosis:



On 3rd May 2019 at Royal Curragh Golf Club, John Delaney together with family and friends, organised a most successful golf day and associated fundraising events including a raffle.

They raised the superb total of €14,000 for staff education within the Cystic Fibrosis Unit in St. Vincent's. This will be a huge contribution to the care and welfare of our C.F. patients.

We want to say a great big thank you to all who organised these events and to the sponsors and everyone who contributed to the success.

Presentation of fundraising for C.F.

Fundraising Highlights continued.....

Business donation for St. Anne's:

We were delighted to receive a donation of €15,000 from James Fox of Highbury Lane Properties Ltd. to enable the purchase of an additional Scalp Cooling system (Cold Caps) for St. Anne's Day Care Centre here in St. Vincent's.

The requirement for additional Cold Cap facilities arises from the success of the first unit, purchased in 2018, where the response from our patients was overwhelmingly positive, creating an immediate demand for more capacity.

The additional unit, financed by James's donation is a welcome addition to the number of patients who can benefit from the Cold Cap system and we are very grateful to him for making this happen.

Ballingarry Friends of Cystic Fibrosis Fundraising:



Presentation of the funds in Amby's Bar, Ballingarry, County Tipperary

Seamus Kelly, and an army of family, friends and supporters, organised a series of fundraisers in July and August to raise funds for the C.F. Unit in St. Vincent's University Hospital. Together they raised €10,500 for this worthy cause.

Over a number of years Seamus has raised nearly €29,000 for C.F. support in St. Vincent's as well as close to €100,000 for the wider C.F. care effort throughout Ireland.

On behalf of our patients we are deeply indebted to Seamus and all involved in this superb endeavour. Thank you.

Wedding Favours Donation:

Our thanks to Siobhan & Brian from County Galway for donating €400 in lieu of Wedding Favours for the Liver Unit and Cancer Care in the hospital. We wish them every happiness for their married life together.

The Ireland Funds donation for the Liver Unit:

In April The Ireland Funds contributed €1,666.67 for the Liver Unit here in St. Vincent's. This donation came from the Wunderkinder Foundation in the U.S.A. in memory of Prof. Micheál O'Suilleabhain R.I.P.

Fundraising Highlights continued.....

2019 Women's Mini Marathon:

The 2019 VHI Women's Marathon took place on Sunday 2nd June last and is one of the most important fundraising events in Ireland each year. This is equally so for the causes supported by St. Vincent's Foundation..

We are delighted and grateful each year to have so many ladies taking part in this event, to fundraise for a particular cause within St. Vincent's.

On behalf of our patients, we express our sincere gratitude for this terrific contribution. This year, we have received in excess of €11,000 supporting a wide variety of worthy causes.



Below are a selection of photos of our participants this year.



Sarah Dodd's group



Rachel Hunt



Rhona & Angela Murphy



St Finbarr's Ladies G.A.A. Club in memory of Karen Jackson:

12 members of St. Finbarr's Ladies GAA Club in County Cavan took part in the Women's Mini Marathon in memory of Karen Jackson; their much-loved and sadly missed, former clubmate.



Wearing their specially commissioned club jerseys which commemorate Karen, the group raised the extraordinary sum of €3,625 for the Liver Unit in St Vincent's. We are deeply grateful to them.

Photographed above are Oonagh Daly, together with Karen's family, presenting the cheque & on the right the ladies taking part in the Mini Marathon.

Fundraising Highlights continued.....

Vartry Rowing Club's Celtic Challenge for Cancer services in St. Vincent's:

Vartry Rowing Club in Wicklow adopted St. Vincent's Foundation (Cancer Care) as the beneficiary of their fundraising initiatives, following the death late last year of the wife of one of their members.

Over the May Bank Holiday weekend, their ladies and mens crews did a sponsored competitive row from Arklow to Aberystwyth in Wales. Also as part of this fundraising initiative, they did a bag pack in Dunnes Stores Cornelscourt and in M&S in Dundrum. They also held some Table Quizes. Their total proceeds of €14,070 were recently presented for Cancer Care services here in St. Vincent's (*see presentation photo*).

This initiative by Vartry was a highly ambitious undertaking, requiring collaboration not alone within Ireland, but wider afield. It is the very first such activity organised to raise funds for St. Vincent's.

On behalf of our patients we are deeply indebted to everyone concerned. Vartry Rowing Club have raised over €100,000 in recent years for various different charities. We thank them sincerely for donating to Cancer Care in St. Vincent's this year.



John Cullen Memorial Fundraising May 17th 2019:

Once again the family of John Cullen had a marvellous fundraising, in his memory, in support of Pancreatic Cancer Care & Research. A golf day was held at Naas Golf Club followed by a Social Evening in O'Neill's in Maynooth. In addition to the local effort, many of John's family came from Scotland to support the events. The social evening included a very successful auction. Many others helped with donations. In total the activities raised almost €5,000 for this vital medical area.

The picture shows Michelle Cullen presenting the trophy to Niall Wynne who was part of the winning team on the day of Paudie O'Connor, Niall Wynne, Caoimhin Tuite and Ciaran Wynne.

On behalf of our patients we are very grateful to those who contributed items for auction including, Baltray Golf Club, Ballyliffin Golf Club, Beaverstown Golf Club, Palmerstown House Golf Club, Fota Island Resort and Celtic Football club. We appreciate the assistance given by the Officers and staff of Naas Golf Club and also would like to thank Joe Brennan from OMC Technologies for sponsoring the golf prizes on the day.

We cannot overstate our gratitude to Michelle Cullen and Barry Spillane for making this such a vital contribution to dealing with Pancreatic Cancer bringing the total they have raised over the years to €15,000. Thank you.

Fundraising Highlights continued.....

Tom Kennedy Memorial Vintage Car Show 2019:

On July 14th, The Garden of Ireland Vintage Car Club again held its annual Tom Kennedy Memorial Vintage Car Show in Ashford, Co. Wicklow.

This year's event was held in Kilmacanogue G.A.A. Club which proved to be a tremendous location with great facilities for attendees. As always, the show was extremely well organised and most enjoyable.

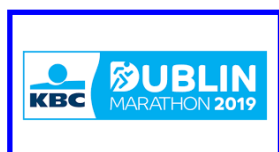


From a fundraising perspective, it was a record, raising €2,600 for St. Anne's Cancer Care here in St. Vincent's. Since the commencement of this fundraising activity, the Garden of Ireland Vintage Car Club have raised almost €17,000 for this vital medical area. Once again, we thank them and the Kennedy Family for this magnificent support.

Pictured above are the representatives of the club presenting the proceeds to John Hickey.

AES Bord na Mona donation:

Our thanks to the management of AES Bord Mona for donating €2,000 for St. Anne's Oncology care here in St. Vincent's. This donation is in support of a colleague who is currently being cared for by the Oncology team.



2019 Dublin Marathon:

Sincere thanks to our supporters who took part in the KBC Dublin Marathon on 27th October. We will have an update in the next issue.

Hugh Cooney Memorial Fund:

We were delighted to receive a most generous further donation of €20,000 to the Hugh Cooney Memorial Fund for counselling support in St. Vincent's Private Hospital. This donation enhances the capacity created by the Cooney Family in memory of their Dad. It has made an enormous difference to patients who have availed of it.

James Gill Memorial Fund:

Thank you to Geraldine Gill and family for donating a further €1,300 in memory of James. The donation was to enable some refurbishment in the Family Room in St. Anne's Cancer Ward. The original creation of this room was as a result of the Gill family support.



Buncrana Golf Club donation for Pancreatic Cancer Research:

Moya Jane O'Doherty (currently Lady Captain) on behalf of Buncrana Golf Club, presented a cheque for €802 for Pancreatic Cancer Research here in St. Vincent's. This represented fundraising in the club.

Pictured is Moya Jane presenting the cheque to Mr. Tony Stafford, Consultant, S.V.U.H.

Fundraising Highlights continued.....

Christine Kearney's Halloween Raffle for Breast Cancer Care:

Regular readers will be very familiar with Christine Kearney and her friends Catherine and Katie (*pictured*), who for over ten years, have organised two raffles each year to fundraise for Breast Cancer in St. Vincent's.

The display of prizes and their fancy dress on the day, are always spectacular and in addition to the substantial funds they raise, they also bring a wonderful atmosphere to the hospital.

This year's Halloween Raffle raised €3,775.75 and now brings to almost €47,000 Christine's contribution to this vital medical area.

On behalf of our patients, Thank You Chris.



Hazel Brack's Pink Day for Breast Cancer:

Another stalwart in continual generosity to St. Vincent's fundraising is Hazel Brack (*pictured*). Through a series of events over years she has made endless contributions to Breast Cancer patient care. Primary among these is her Pink Day in Dunnes Stores Cornelscourt where she works.

Aided by her family, friends and colleagues, Hazel this year raised €3,202 and in total has delivered almost €36,000 making such a difference to our patients. Thank you Hazel.

Competition for Aerial Photograph Prize – for Liver Unit in memory of Karen Jackson

In a further demonstration of the esteem in which Karen Jackson was held in her community in Cavan, Martin O'Reilly organised a truly novel competition. Martin conducted a competition on his Facebook page and the winner would receive a framed aerial photograph. Interestingly the photograph was enabled by a drone.

Martin raised €400 for the Liver Unit in St. Vincent's in Karen's memory from this competition. Well done and sincere thanks

Photo is the presentation of Martin's competition proceeds to John Hickey



We are so indebted to all our supporters mentioned here and to many more not listed. Some donors do not want to be identified and we always respect that.

Donors making a difference

In the pages that follow we demonstrate the practical impact that donors and fundraisers have had on patient care in St.Vincent's Hospital.

Here we feature investments in patient and family comforts, and equipment financed by donors through St.Vincent's Foundation

Software Purchase from Endocrine funding:

St. Vincent's Foundation was delighted to approve funding, from Endocrine funds, to purchase a new software package for the Hospital DXA machine.

Dr Rachel Crowley describes below the detail of this software and the positive impact on patients who will be exposed to it. *"The software package for the hospital DXA machine is called Trabecular Bone Score (TBS). This score is calculated at the same time as the patient has their DXA scan. It adds to their density and their fracture risk score, to provide further information about their risk. We expect that it will add to management of bone health for patients on Breast Cancer treatment; post-Transplant and with Obesity.*

St. Vincent's is the first centre in the country to get this software, so it is a really exciting development for the Bone Unit. It is particularly appropriate as St. Vincent's is the Irish Orphanet Centre for rare bone disease"

On behalf of our patients we thank those donors who made this possible and to Dr Crowley who championed this development.

Refurbishment in St Luke's:

St. Vincent's Foundation was delighted to fund the refurbishment of the Multi-Disciplinary Team (MDT) Room in St. Luke's 2 Ward. This room serving for MDT meetings also doubles as a Family Room for the ward ([see photos below](#)). The impact on patients and their families is very positive. We are grateful to the donors and fundraisers who made this possible.



Donors making a difference continued.....

Pre Hospital Blood and Fluid Warmer equipment purchase:

St. Vincent's Foundation recently approved a grant for a system to enable blood transfusions be delivered at trauma scenes. Up to this, the patient could only receive blood when they arrived at the hospital. This initiative will save lives and we are delighted that the investment has been enabled by donors. The article below by the lead Consultant of the project, Dr David Menzies, explains how patients will benefit:

Blood transfusions can now be delivered at trauma scenes – for the first time in Ireland

– Major haemorrhage is one of the top causes of death from major trauma

– New blood transfusion service expected to reduce mortality rates

Patients in the Dublin/Wicklow region suffering from life threatening bleeding following major trauma no longer have to wait until their arrival at the Emergency Department (ED) before receiving a blood transfusion. The blood transfusion laboratory at St. Vincent's University Hospital (SVUH), in partnership with Wicklow Rapid Response (WVRR), a declared asset to the National Ambulance Service (NAS), is now able to provide emergency blood and plasma directly at the scene of a trauma.



This is the first time in Ireland that blood will be available for pre-hospital transfusion and will provide a significant improvement in the care that can be delivered to patients immediately after a major trauma. Wicklow Rapid Response is a pre-hospital critical care service driven voluntarily by Dr. David Menzies, Emergency Medicine Consultant from St. Vincent's University Hospital in partnership with the National Ambulance Service. It is one of a handful of services in Ireland where doctors are tasked by the NAS to serious medical and trauma emergencies where the patient may benefit from critical care treatment at the roadside.

Dr. David Menzies

To date the only method for pre-hospital medics to resuscitate bleeding patients has been to use saline solution but, because it doesn't carry oxygen or clot, it is not the ideal treatment. Now, in the event of life-threatening bleeding, the WVRR critical care doctor will be able to deliver life-saving blood transfusions to patients without having to wait until their arrival at the Emergency Department.

Dr. David Menzies, St. Vincent's University Hospital said: "There are a group of patients who are so severely injured that we will have blood waiting for them on arrival in the Emergency Department for immediate transfusion. Pre hospital blood transfusion will reduce significantly the time it takes to deliver this treatment. Our current case load indicates that a small but important number of patients may benefit from this every year. The facility to administer life-saving transfusions in the pre hospital setting is already the standard of care for pre hospital critical care services in the UK, Northern Europe, Australasia and the USA. It's fantastic that we can now offer it here in Ireland for the first time."

Mr Martin Dunne, Director of the National Ambulance Service said: "The patient is at the heart of our work and the NAS values greatly the contribution of the voluntary pre hospital critical care services make

Donors making a difference continued.....

to patient care. The NAS is delighted to support the enhanced patient care that pre hospital transfusion can offer and looks forward to expanding this project”.

Dr Joan Fitzgerald, Consultant Haematologist at St. Vincent’s University Hospital said: “This exciting new development has been several months in preparation and will make a real difference to the treatment we can deliver to seriously injured patients in the region. The Medical Scientists in the Blood Transfusion Laboratory have worked closely with the Emergency Department, the National Ambulance Service and Wicklow Rapid Response to ensure the system is safe and secure with no wastage of blood products and full traceability 24/7 including holiday periods”.

In addition to red cells, WVRR will be carrying two units of plasma to promote blood clotting. While the red cells carry oxygen, transfusing plasma in a 1:1 ratio with red cells is the current best evidence for promoting blood clotting, a recognised problem in major trauma patients. The emergency blood and plasma are supplied every 48 hours from the blood transfusion laboratory at SVUH and replenished as required. If unused, the products are returned within 48 hours to the blood transfusion laboratory at SVUH for use elsewhere, preventing any wastage. Blood products are a precious resource and must be stored refrigerated. The blood products are stored in Credo © “Golden Hour” boxes, which are validated for prolonged storage on the WVRR RRV at 4°C thereby making the blood and plasma immediately available at the location of a major trauma.

When the blood is required, it must be warmed to body temperature which is a key step in preventing hypothermia and other complications in patients receiving blood products.

Thanks to fundraising and donations, St. Vincent’s Foundation were recently able to purchase a portable blood and fluid warmer for pre hospital use. The Qinflow © Warrior blood and fluid warmer (pictured) is a state of the art device, specifically designed for out of hospital use. This will be the first such unit in use in Ireland and it has the capability to warm intravenous fluids and blood products from 4°C to body temperature in seconds.

We are really grateful to the donors and fundraisers who have made this possible



Dr. Stephen Field, Medical & Scientific Director of the Irish Blood Transfusion Service said: “The IBTS are delighted to support this initiative, which will be life-saving. There is good scientific evidence for pre hospital transfusion and it is the norm elsewhere. Blood products are always in demand, if people would like to support this, one of the best ways they can do so is to donate blood themselves”.

Christmas Cards & Raffle

Christmas Cards and Christmas Raffle

One of the more important fundraising activities in St. Vincent's is the combined sale of Christmas cards and Christmas raffle tickets.

This year this campaign is for Pancreatic Cancer

The cards, which are available in a number of styles, including Religious and Non-Religious, can be ordered on the form below. As usual, purchasers of cards get a free entry in the raffle for every pack purchased.

The Raffle will, as always, have a fantastic range of valuable prizes. Tickets will be on sale from early December and the draw will take place on Thursday 19th December in the hospital.

Please support.

Order form for Christmas Cards

Name: _____

Address: _____

Contact tel. no. _____

Cards are packed in 10's @ €5.00 per pack



Assorted Non-Religious

No. of packs _____



Assorted Religious

Amount enclosed € _____

*(Cheque/postal order payable to "St. Vincent's Foundation"
or order online through the "Donate" button on our website, giving details of your order)*

**Return your completed order form and payment to:
Mr. John Hickey, C.E.O. (Voluntary), St. Vincent's Foundation, Elm Park, Dublin 4**

Gloria Winterlich, Dolls House Restorer

In this edition we are featuring two creative individuals who have given a lot to St. Vincent's.



Gloria Winterlich:

Gloria combines great artistry and kind generosity to renovate dolls' houses in aid of charity. Many of her models were from original handcrafted houses dating from earlier generations and now discarded and nearly destroyed. In all cases the renovated houses are works of art.

What started about twenty-five years ago as a hobby has matured into a year-round activity. Gloria's home has so many craft works in progress. She shared with us the variety of places where she has sourced the wrecked houses. Some were acquired from house clearance sales and many more from auctions where Gloria's husband, Tony, would watch out for houses suitable for her work. As Gloria's reputation as a restorer grew, she was contacted by people who knew of suitable items available. If Gloria

had not taken them "under her wing" there is little doubt that some of these would have been permanently discarded in contrast to the heirlooms they have now become.

Looking at photos of the "before and after" of restored houses, it really is amazing to see what she has



Before renovation

achieved. One can imagine the number of children (and not-so-young) who will get endless pleasure from her work for many years to come. The pictures here show the house that will feature in the Christmas Raffle and the same property in its original condition.



Final product

From very early in her projects Gloria wanted worthwhile charities to benefit from her work. She presented her houses to many charities for fundraising auctions or as raffle prizes. From 2015 she has adopted St Vincent's Foundation as her charity of choice. Each year she has presented us with a finished house which was a spectacular centrepiece for our Christmas Raffle.

(See photos of her 2018 Dolls house and her other donated prizes)

This is a wonderful story of a person of immense talent using that skill combined with hard work to make a real difference to current and future patients.

On their behalf we express our sincere thanks.



Gerard Hegarty, Contemporary Artist

Gerard Hegarty:

St. Vincent's Foundation is fortunate to have support from a super contemporary artist, Gerard Hegarty. In addition to the excellence of his work, Gerard has always endeavoured to have good causes benefit from his paintings.

Gerard has created a terrific painting specifically to raise funds for St Vincent's this year. It will be the lead prize in our Christmas Raffle and will be a wonderful acquisition to some lucky prizewinner.

We are delighted to outline Gerard's profile below:

Gerard Hegarty is an Impressionist Artist based in Dublin. He was born in Dublin in 1950. He studied Art at NCAD and subsequently with renowned Artists including Arthur Maderson and Desmond Carrick.

Gerard was Curator in the Village Art Gallery in Stillorgan Shopping Centre for 3 years from 2010-2013. During this tenure he also raised funds for LauraLynn Children's Hospice of over €10k.

As a local artist, he was especially pleased to secure a commission for art work in Wetherspoon's first Irish pub in Blackrock. And also for Ouzos Restaurant in Blackrock, now Kelly & Coopers, where his paintings still hang.

His latest commission was for 4 large paintings for the new Pastoral Centre in Newtownpark Avenue, Blackrock, which was opened on Sunday 28th October 2018 by Archbishop Diarmuid Martin.



Gerard's paintings are in many major private collections in Ireland and further afield. Gerard is one of the stable of artists at Duke Street Art Gallery where he has shown his work since 2014. He works from his studio at his residence at Blackrock, Co. Dublin and on his Facebook page.

Gerard can be contacted at
087 2323142

&

Email :
gerardhegartyartist@gmail.com

***Gerard's painting of the Grand Canal
Dublin for this year's Christmas Raffle***

My Legacy & Tax Reclaim for Charities



Best Will Month

My Legacy is an umbrella group of 60 Irish charities, of which St. Vincent's Foundation is one. Our group vision is to create social change; to increase the low level of will making in Ireland at every life stage and to make legacy gifts the norm in Ireland and a widely recognised and respected way of supporting a charity into the future. A charitable legacy gift is tax free.

In Autumn each year My Legacy organises events to encourage everyone to make a will. An important message in this communication highlights the wisdom of making a will to ensure that your wishes, in relation to your assets, are fulfilled after your death. It is a simple process and entirely confidential between the individual and the solicitor making the will. The percentage of people in Ireland who make a will is low by international standards and the absence of a will often leads to an expensive and sometimes divisive process to deal with the intestate estate.

The other objective of My Legacy is to encourage people to consider a small bequest to a favourite charity when the needs of loved ones have been catered for. A legacy gift can have a positive impact long after the person's life. In this area Ireland falls behind the UK and USA. 6% of donations in Ireland come from wills compared to 9% in the UK and 12% in the USA. My Legacy is looking to change this for the better.

We all know that small acts are the start of great change. As a member of @MyLegacy.ie we know that any legacy gift, no matter how big or small, will have an impact on us and the work that we do.

Visit www.MyLegacy.ie to find out how you can make a lasting difference.

In St. Vincent's, many important investments have happened as a result of a bequest. These include support for Cancer Research programmes and for patient care. We are very grateful to the wonderful people who made this possible. In 2018 alone St. Vincent's received over €140,000 in legacy bequests.

Tax Reclaim for Charities

As a registered charity, donations to St. Vincent's Foundation can be enhanced when we can reclaim tax on the amount donated. From January 2013, for all donations of €250 or more in a given tax year the receiving charity receives a tax rebate for the charity provided the donor/taxpayer had paid tax of this amount or more in the relevant tax period. Because donations are made from "after-tax" income the tax reclaim is calculated to refund the amount of tax that would have been deducted and the taxation rate used is 31%.

The benefit to charities is best demonstrated by the following example - where a donor gives €500 during 2018 to St Vincent's Foundation the €500 is considered to be what was left after the donor had paid tax. At a rate of 31% this gross amount before deduction of tax is calculated at €724.65. If the donor has paid a minimum of €224.65 in tax in 2018 the Revenue will repay this amount (€224.65) to St. Vincent's Foundation thereby increasing the value of the donation by almost 45%. Relevant donors complete and sign a Revenue CHY4 form, which we will provide and the tax reclaimed is very worthwhile as it substantially increases the income to charities at no further cost to donors.

How we handle your money



Regular readers will be familiar with this page which we reproduce in each edition as we feel it is important to demonstrate both our activities but also our consistent policy in dealing with donations.

Donations: *In line with our privacy policy we generally do not highlight specific donors unless they specifically request to be identified. Most donors want confidentiality and we always respect that.*

Personal details of **Donors** will remain confidential unless SVF is specifically requested by the Donor to publicise them. Otherwise Donors will be able to recognise their own donation by reference on that page to the donation date and amount and by the cause, if they have specified one.

Fundraisers will be individually identified in the publicly accessible database, if they have requested to be identified, by name and amount raised. Otherwise they will be able to recognise their contribution by reference to the presentation date and amount and specific cause if nominated.

For details of all donations, fundraising and spending, please see our website
www.stvincentsfoundation.ie

On the website also, you can read our Income and Grants policies.



EverydayHero (formerly MyCharity) Affiliation

Don't forget our partner in fundraising **EverydayHero (formerly mycharity.ie)**
This is a really useful way to organise fundraising for sponsored events.

See further details on **www.everydayhero.ie**

Fundraising Events

These are one of the biggest sources of financial support and are covered extensively in this magazine.

Are you thinking of taking part in a fundraising event?

If so, please consider choosing St. Vincent's Foundation as your chosen charity
You can select the cause within the Foundation you would like your money to go to
All monies received will go directly to your chosen cause and patient care

Contact us now for a sponsorship pack on 01-2215065

or

Email: stvincentsfoundation@svhg.ie

Donations can be made by

Tel: 1850 603 803

Via Our Website

www.stvincentsfoundation.ie

Or

Pick up one of our leaflets in the hospital

OUR CONTACT DETAILS

St. Vincent's Foundation

St. Vincent's University Hospital

Elm Park

Dublin 4 D04 T6F4

Tel: 01 221 5065

Fax: 01 221 4428

Email: stvincentsfoundation@svhg.ie

St. Vincent's Foundation

Company Registration No. 464228

Registered Charity No. 20001872

St. Vincent's Foundation complies with The Principles of Good Governance and with
The Statement of Guiding Principles for Fundraising