

Issue 9

St. Vincent's Foundation Newsletter for the *Friends of St. Vincent's*



St. Vincent's Foundation is the philanthropic fundraising arm of St. Vincent's Healthcare Group



St. Vincent's Foundation

Board of Directors: Prof. Noel Whelan (Chairman),
Mr. Nicholas C. Jermyn, Mr. Stewart Harrington, Prof. Michael Keane
& Mr. John Hickey
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Autumn 2013

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Welcome from Kilian McGrane, Chief Operating Officer



I am delighted to introduce you to the Autumn edition of 'Friends of St. Vincent's'.

I was appointed C.O.O. of S.V.U.H. in May, having spent more than a decade working in the Health Service Executive, National Cancer Control Programme and prior to that in the Department of Health. In the 5 months that I have been here, I have been incredibly impressed that the philosophy of the Founding Sisters, of dignity, compassion, justice, quality and advocacy, permeates everything we do in the hospital.

From the many years I have spent working at a national policy level, I am acutely aware that funding decisions have a direct impact on our patients. While the funding ensures that we can provide an appropriate level of care, it limits the ability of our dedicated staff to enhance the experience of our patients through their journey here in St Vincent's hospital; and that is where the 'Friends of St. Vincent's' play a vital role.

The access to charitable funding, enables us to enhance the level of care we provide; whether that is something small, like improved seating in a waiting area, or buying a higher specification tilt table for the stroke patients; the support of the 'Friends of St. Vincent's' helps us to improve the patients experience.

In healthcare we are heading into exciting times; St Vincent's Healthcare Group is one of two Level 4 hospitals (the other is the Mater) that will for part of the new Ireland East Hospital Group. This group, incorporating 11 hospitals, will be the largest in the country, supporting over 1 million people. S.V.U.H. will play a central role in this new group.

In this new era in healthcare, funding will be allocated at a higher level and the role of 'The Friends' will be even more important to maintain the quality of what we deliver. All of the staff in the hospital are very grateful to all the patients and families who donate their time, energy and money, to making the experience of our patients better.

Kilian McGrane, Chief Operating Officer, S.V.U.H.

St. Vincent's Healthcare Group comprises: St. Vincent's University Hospital, Elm Park, Dublin 4, Ireland (affiliated with University College Dublin); St. Vincent's Private Hospital, Elm Park, Dublin 4, Ireland; and St. Michael's Hospital, Dun Laoghaire, Co. Dublin, Ireland. www.stvincents.ie

Update from John Hickey, C.E.O. of St. Vincent's Foundation



As we move towards the end of 2013 we can look back on one of the best summers in recent years. We had great sunshine and many memorable events in sports and otherwise.

In St. Vincent's Foundation we also enjoyed the continued support of so many individuals, families and groups. Some were helping for the first time, some were existing Friends of St Vincent's that have contributed or fundraised for many years. We are grateful to them all.

As always the range of fundraising activities has been enormous and they make great stories reflected throughout this magazine. Some raise large amounts of money, some smaller but every euro makes a real difference to our patients. It is worth repeating that St. Vincent's Foundation makes no deductions for costs and therefore every cent raised goes directly to the cause selected by the donor/fundraiser.

During the last month or so, we were enormously surprised when a family told us that they wanted to donate €80,000 per year to a specific cancer research project for a total of 4 years; €320,000 in all. Their condition was that they would be guaranteed complete privacy in their donation.

Another surprise since our last edition was a legacy gift of €260,000, again for cancer research. This is very rare but highlights the importance of supporting a charity when making a will. The amount need not be very much to make a huge difference to people who need it.

Because of the generosity of donors and fundraisers we can invest in equipment, facilities and research that would not be possible otherwise. Some examples of these are:

- ◆ Improvements to premises and equipment in the Liver unit
- ◆ Additional equipment in the Cardiac unit
- ◆ Scopes and other important equipment for diagnostics and treatment in oncology
- ◆ Major research projects in cancer treatment
- ◆ Research into psycho-oncology and its impact on patients outcomes
- ◆ Improved patient comfort with individual televisions in wards
- ◆ A range of booklets for patient and staff education

These are just some of the ways that our patients and their families have been helped by the Friends of St. Vincent's

In this edition we are delighted to welcome Kilian McGrane who has joined St. Vincent's as Chief Operating Officer.

Before our next edition of **Friends of St. Vincent's**, Christmas and New Year will have come and gone. I want to wish all our supporters a very Happy Christmas and a healthy and successful 2014. Also thank you to everyone inside and outside St. Vincent's who have contributed to making a difference to our patients.

John Hickey, C.E.O., St. Vincent's Foundation

Improvements to St. Vincent's

Premises improvements in St. Vincent's

Acute Medical Unit Expansion

The development of the Acute Medical Unit has continued over the last few months. This included the upgrade of patient rooms into a short stay medical assessment area within the current footprint. The ongoing reconfiguration and further expansion will give an overall bed complement of 36 long stay and 5 short stay beds once completed and this will greatly enhance the patient's experience and assist in the delivery of efficient quality care. The minor works are well underway to continue the expansion and future plans include a purpose built clean utility, improved bed and sanitary facilities affording greater patient privacy and dignity, upgraded storage areas, enhanced patient support facilities and improved administration and staff work stations.

This unit will be an integral part of the Hospital's drive to improve patient care pathways and the Unit's primary function is the immediate and early specialist management of patients who present to the Emergency Department and are referred for acute medical assessment.



Day Surgery Unit / 2 new Day Theatres

Extensive refurbishment of two decommissioned theatres is underway into purpose-built Day Theatres and is expected to be completed and open by the end of the year. The new Day Surgery Unit will care for people undergoing a wide range of surgical procedures that do not require an overnight stay and the aim of the unit is to improve and enhance the patient's journey throughout their procedure.

The Day Surgery Unit will be a modern, purpose built department and will provide a calm and relaxed area for patients whilst waiting for their surgery. The dedicated admissions area and changing facilities will help ready patients for their procedures and provide a safe and relaxed environment. The new unit will work closely with the current Day Ward, St. Marks, in providing patient's with comfortable and a peaceful recovery space.

Day Surgery provides a means of helping the hospital to treat more patients faster and is therefore a key strand in shortening lengths of hospital stay. The additional two day theatres will allow patients receive treatment that is suited to their needs and allows them to recover in their own home. Expected benefits include a reduction in day surgery cancellation rates, reduced risk of hospital acquired infection, greater availability of inpatient beds for more major cases, improved throughput of patients, and reduction in waiting lists.

Donations have always been important in improving the hospital.

If you would like to support us please go to our website

www.stvincentsfoundation.ie or call our donation line on 1850 603 803

or write to [St. Vincent's Foundation, Elm Park, Dublin 4.](#)

Fundraising Highlights

Almost daily we have contact from patients and families about making donations or organising events. We are pleased to record some of them in the following pages. Each and every one makes a difference to our research and patient care and we are grateful to them all.

Details of these contributions and many more are featured on our website and in our photo gallery near Centrepoin in St. Vincent's University Hospital.

Donations in lieu of funeral flowers and wedding favours:

On a regular basis the families of deceased patients request donations for a particular cause in St. Vincent's in lieu of funeral flowers. This is most generous at a distressing time for relatives and we are grateful to all.

Equally in celebrating a very happy event, many couples decide that instead of giving wedding favours they donate to St. Vincent's thereby having others benefit from their great day.

Legacy Bequests:

We are really grateful for a donation of €10,000 by a generous lady from the estate of her late husband. Reflecting her gratitude for his treatment she specified that €5,000 was to be restricted to Haematology and €5,000 used for general patient care.

The family of a recently deceased patient of the Dialysis Unit donated €5,000 in gratitude for the care provided by the Unit.

In August, we were stunned by the generosity of a former patient who left in excess of €260,000 to St. Vincent's.

As we have mentioned before, legacy bequests are increasingly important to support our patient care and research. We are grateful to patients and their families who look to make a difference after their passing.

Collection Boxes/Dublin Bus tickets/Mobile Phone Recycling:

We must thank the hundreds of supporters who regularly donate through our Collection Boxes in the hospitals and by donating unused Dublin Bus tickets to us. In all, these amount to more than €10,000 each year. Our collection box for redundant mobile phones is an important stream of income, which recently generated nearly €1,200. While good for the environment, it also helps our patient care and we are grateful for the support.

Donations and fundraising events:

We have had many donations, large and small and all are gratefully received. We mention some of them below. Other donors request anonymity so we respect that. Thank you to each and every donor

Around the Country:

Dunwoody & Dobson Ltd. have recently given a generous gift of €500 to the hospital for which we are grateful.

Fundraising Highlights continued.....

Stacey Smith, a pupil in Tullow, Community School County Carlow, whose father is a patient of St. Vincent's, organised a "No Uniform" day in the school on Friday 3rd May last which was a great success and raised €764.83 for Cancer Services in St. Vincent's, for which we are most thankful.

Gerry Flaherty from Claregalway recently ran a Golf Classic in support of the Liver Unit in St. Vincent's, raising a terrific sum of almost €1,400. Gerry, his wife Patricia and daughter Saranne have been consistent supporters of St. Vincent's. Saranne previously raised a substantial sum for the Liver Unit, where she herself had been a patient. We are really grateful to the Flaherty family and all who supported this Golf event.

Thank you to Ken & Anita Kinsella from Newbridge, Co. Kildare who set up a MyCharity page to fundraise for cancer services here in St. Vincent's. They took part in a Fun Run in Kildare in May and raised a fantastic sum of €1,125.00. We are very grateful to them both for their fundraising efforts.

Our thanks to Peter Walsh from Video in Motion Television services who donated and installed a television for a long-stay ward area in the Herbert Wing. Thank you Peter.

Kate Mernagh and friends in Glenmore, County Kilkenny recently donated a further fundraising amount of €285.00 for the Liver Unit. Their continued support is very much appreciated.

We are very thankful to Michael Redmond who, as Captain of Rush Golf Club, contributed his Captain's Charity Day, to St Vincent's raising €1,946.50 Thank you Michael.

The Physiotherapy team in St Vincent's Private Hospital recently took part in a Dragon Boat race and through sponsorship raised €165.00.

In memory of Kathleen O'Donnell from Malin Head, Co. Donegal, a group of her family, relatives and friends took part in the 2013 Women's Mini Marathon to raise funds for the Liver Unit and the Intensive Care Unit here in St. Vincent's

Kathleen's husband Charlie, her sister Bernie Kelly and family recently presented their proceeds of €2,664.00.

Pictured are Charlie O'Donnell, Colm & Bernie Kelly presenting proceeds to John Hickey



Mallow Fundraiser for the Liver Unit:

To promote Organ Donation Awareness week, on 6th April last, Ciara O'Driscoll and her family organised a fundraising night for the Liver Unit in St. Vincent's, in the Lodge Bar, Mallow, County Cork. Ciara's sister Elaine Daly had a liver transplant here in St. Vincent's in November 2011.

On the night they had a DJ, Trad Band, several signed t-shirts for raffle & auction as well as a sponsored BBQ. The event raised a magnificent amount of €8,763.36 for the Liver Unit. Our thanks to all associated with this event.

Fundraising Highlights continued.....

St. Vincent's Rugby Club fundraising:

Each Year the St. Vincent's Rugby Club has supported specific causes in the hospital and this year has again been an outstanding performance. Mirroring the Club's success on the pitch, the Club contributed a fantastic sum of €4,600 to this year's supported cause - Breast Cancer Research.



(pictured on the left presenting cheque to the Foundation are Rugby Club members Robert Keenan, Ben Creavin and Dr. John Holian)

The annual Club Ball was held on 1st March last. The Ball was a wonderful success with a €3,600 surplus. Our thanks for all who supported and sponsored this event. The Rugby Charity Ball committee also organised a Bag Pack in Merrion Shopping Centre on 30th March last which raised €1,000. Our sincere thanks to Ben Creavin and his committee in St. Vincent's Rugby Club for their hard work and dedication in organising these two major events. We wish the incoming committee every success in the new season.

Hazel Brack fundraising for Cancer:

Our longtime supporter Hazel Brack again organised fundraising events for cancer services in St. Vincent's. On April 13th last Hazel organised a very ambitious event in the Sallynoggin Inn to fundraise for Breast Cancer care and research in St Vincent's. With fabulous entertainment and a raffle supported by sponsors, including Hazel's employer, Dunnes Stores, the event raised over €2,200 for a great cause. Again with support from her employers Dunnes Stores, they held an Easter Sunday Charity Football Match, organised by the staff of Dunnes Stores



Cornelscourt. The staff involved gave their time on one of only two days in the year that the store closes. The event raised €410. We really appreciate this generosity and particular thanks to Hazel and her work colleague John Shields who organised the day.

This total of over €2,600 is the latest in a great series of fundraising ventures by Hazel. We are grateful for this superb support. *(See photos from both events)*



Glen Hatton Charity:

In memory of Glen Hatton, his family conducted a major fundraising series to raise money for patient care in St. Vincent's. Together with their friends and neighbours, Glen's parents, David & Fran and his sisters Hazel & Lisa organised a range of events which together produced the incredible sum of almost €60,000 donated to the hospital. This money will be a major contributor to the environment and positive outcomes for our patients.

Pictured are the Hatton family presenting cheque to John Hickey

We are really grateful to the Hatton family and all who helped.

Fundraising Highlights continued.....

C.F. Unit Fundraising in memory of Sandra Dunne Lousse R.I.P.

In memory of Sandra Dunne R.I.P. from Donadea, County Kildare who lost her battle with Cystic Fibrosis in January of this year, her husband Amaury Lousse, the Dunne family, relatives and many friends have undertaken numerous fundraising events to fundraise for the C.F. Unit here in S.V.U.H.



Among the events they organised were the Meath Garda Spin 10km Cycling Race in Trim on 27th April last and a Fun Run on 19th May. In addition, many family members and friends took part in the Flora Women's Mini Marathon. In a novel fundraising exercise they requested that Poor Box contributions stipulated by Naas & Trim Courts would be committed to C.F. in St. Vincent's.

In an enormous effort lead by Amaury, Sandra's brother Brian, and her sister Laura they raised a total of €34,400 to improve facilities for C.F. patients in St. Vincent's Hospital. *(Photos below from the Fun Run and Garda Cycle Race in Sandra's memory)*



Amaury along with Sandra's parents Sarah & Joe, sister Laura, brother Brian, aunt Bridget and sister-in-law Ann Marie, called in on 15th August to present the fundraising proceeds. It was a particularly emotional visit for the family and we thank them for making that difficult journey. Our thanks, also, to Prof. Charles Gallagher and the many members of the C.F. multi-disciplinary team who knew, loved, and cared for Sandra and who came to meet with the family on their visit.

Pictured at the cheque presentation L. to R. are Sandra's mother Sarah; sister Laura; brother Brian; father Joe; aunt Bridget; husband Amaury and sister-in-law Ann Marie, together with Prof. Charles Gallagher and members of the C.F. Multidisciplinary Team



Tom Kennedy Memorial Vintage Car Show for Cancer Care:

The Tom Kennedy Memorial vintage car show and family fun day took place on Sunday 14th July last in Rathnew, County Wicklow. Originally organised by the late Tom Kennedy, and now run in his memory by his sister Eileen and fellow members of the Garden of Ireland Vintage Car Club, this event was a fantastic success raising €2,100 in aid of St. Anne's Cancer Care in St. Vincent's.

Pictured on left is Liam Kelly, Chairman of Garden of Ireland Vintage Car Club and members of the Kennedy family presenting cheque to John Hickey

Fundraising Highlights continued.....



Jillian McNulty Fundraising for C.F.:

Jillian McNulty (pictured on left with Prof. Charles Gallagher & Mr. John Hickey) a patient of the Cystic Fibrosis Unit in St. Vincent's Hospital, lead a group of cyclists from Carrick-on-Shannon to Dublin over a 4 day journey. Starting out on Friday June 21st they arrived triumphantly into St. Vincent's on Monday 24th June to a welcoming audience of staff and supporters. Jillian and her team were blessed with good weather for the trip.

Supported along the way by fundraising events, the group raised €4,500 which is shared between C.F. Ireland and C.F. care in St. Vincent's University Hospital.

As well as our gratitude to Jillian and the other brave cyclists, we express our thanks to Jillian's parents, Frank and Fionnuala, her family, friends and the families and friends of all the participants. It was a poignant event for some of the cyclists who themselves have lost loved ones to C.F.



(Jillian McNulty & friends arriving at St. Vincent's met by S.V.U.H. C.F. team members and presenting her fundraising proceeds)

Jillian also organised a fundraising evening on 16th August and donated €1,285 also in support of C.F. care in the hospital, with a similar amount going to C.F. Ireland. Thank you Jillian.

Finally Jillian once again came up trumps for C.F. in St. Vincent's, on the weekend of the All Ireland Football Final in September, when she donated a signed and framed Dublin jersey. In an online auction in St. Vincent's the jersey sold for €350 to Dr. Gerard McVey. The under-bidder got a Dublin hoodie, thanks to Dublin hurler Sean McGrath (son of our colleague Mary).

Pictured on right is jillian presenting the Dublin Jersey to successful bidder Dr. Gerard McVey.

Sincere thanks to all who generously bid and particular thanks to jillian McNulty for donating the shirt.



Head Shave for Liver Unit:

Brian Waldron from Ballyhaunis Co Mayo organised a Head-Save in early August in support of the Liver Unit in St. Vincent's and raised the terrific sum of €3,600 from the event. Brian prepared for the shave by growing his hair for 17 months. Brian's Dad, Tom, had a liver transplant in St. Vincent's in 2005 and he and all the family pitched in to make this such a success. We are grateful to all the Waldron family who are pictured presenting the proceeds. Our pictures of Brian show the "before", the "after" and the "in-between"!



Fundraising Highlights continued.....



2013 Flora Women's Mini Marathon:

Over 115 women took part in the 2013 Flora Women's Mini Marathon on Bank Holiday Monday 3rd June last for St. Vincent's Foundation, fundraising for various causes within St. Vincent's. With some funds still to be received, these supporters have contributed in excess of €23,000. Our sincere thanks to everyone involved.



Fundraising for Cancer Research by Tara Mines staff:

Our thanks to John Davey and colleagues in Boliden Tara Mines in Co Meath who organised a 50km cycle in County Clare in memory of their friend and co-worker John Galvin. They raised €905 for Oncology Research here in St. Vincent's. John was a very popular staff member in Tara Mines and this was a tribute to him.

Pictured above are the Boliden Tara Mines group with the initial cheque for €500, which was part of the wonderful final figure of €905.

We are grateful to the management in Boliden Tara Mines who supported and contributed to this fundraising effort. Again our thanks also to all the Underground Electricians and staff in Boliden Tara Mines who were associated with this fundraising. A great contribution to cancer care here in St. Vincent's.

Christine Kearney's Halloween Raffle:

Another name familiar to frequent readers is Christine Kearney. For several years Christine has been running events for St Vincent's. Christine was in typical festive mood in the hospital on Thursday 24th October, fundraising again for Breast Cancer Services here in St. Vincent's. The team of a Witch, accompanied by Dracula and a Cat raised a total of €2,250.00 for Breast Cancer. The display of prizes was most impressive as Christine had gathered an amazing 53 prizes for the raffle.

In addition to selling tickets on the day and beforehand Christine handed out sweets to children in the hospital. Our thanks to Christine & her family, her friends Catherine & Katie and all who contributed prizes and supported this fun fundraising initiative on behalf of our patients. *The pictures below capture the occasion well.*



Dublin Marathon 2013:

This year we had a record number of participants who took part in the Dublin City Marathon to fundraise for the hospital. This is a very arduous undertaking and we are grateful to all who do this to assist projects in St. Vincent's.



Fundraising Highlights continued.....

Research Donation:

We have commented in this magazine previously that some of our donors do not wish to be named. An outstanding example of this recently was a family who donated €80,000 to a specific cancer research programme. Amazingly the family also advised us that they will be providing the same amount annually for the next three years. This will bring to €320,000 their total contribution to a vital research project. Their stipulation is that they must not be identified. This research will have a very positive impact on the lives and outcomes of current and future patients.



Tony Gartland – World Transplant Games:

Through the generosity of donors, St. Vincent's Foundation were delighted to support Tony Gartland from County Carlow in this year's World Transplant Games, which took place in Durban, South Africa July 28th – Aug 4th. Tony was the first person in Ireland to undergo a liver transplant in St. Vincent's 20 years ago. Coincidentally Tony was also the first Irish medal winner in this year's World Transplant Games, winning four medals in total. A number of liver transplant recipients who have joined the Irish team since Tony's involvement have cited his achievements as part of their inspiration to

get involved. The longevity of Tony's transplant and his continued success at European and World Transplant Games is a point of pride for the staff of the Liver Unit here in St. Vincent's. Ireland had 27 athletes competing in the World Transplant Games, of which four had liver transplants. Tony recently called in with his medals ([see photos](#)). Some excerpts below from Tony's report on his pioneering operation and his involvement capture the success perfectly:

"Twenty years ago, January 1993 to be exact, I underwent a liver transplant operation in St. Bridget's Ward. This was the first such medical procedure to be carried out in Ireland and it is testimony to the expertise and care of all the staff there as it was a 100% success and I have enjoyed a fantastic quality of life through all the years subsequently."

"Recently in July 2013, I travelled with the Irish team to Durban, South Africa. Over 50 countries participated and it was an incredibly uplifting experience to compete with and against so many fellow organ recipients from around the globe. Quite frankly I found the whole week in Durban intoxicating."

"When we arrived back in Dublin we were given tremendous media exposure which all helps to bring the whole issue of organ donation to the forefront of public discourse."



***We are so indebted to all our supporters and to many more not listed.
Some donors do not want to be identified and we always respect that.***

See our website www.stvincentsfoundation.ie for more news and updates

Research News



St. Vincent's
Healthcare
GROUP LIMITED



DUBLIN ACADEMIC MEDICAL CENTRE

YOUNG INVESTIGATORS RESEARCH SYMPOSIUM 2013

The D.A.M.C. Young Investigator Research Meeting, now in its 4th year, was held for the first time in the Education & Research Centre at St. Vincent's University Hospital on Wednesday, 22nd May 2013.

The number and the standard of abstracts submitted were as usual extremely high. The process of selection involved eight reviewers drawn from the three pillars of the D.A.M.C. campus - St. Vincent's University Hospital, Mater Misericordiae University Hospital and U.C.D., including all of its associated hospitals.

All abstracts were subjected to rigorous peer review by the independent reviewers. There were 53 abstracts submitted and all were reviewed by at least seven of the eight reviewers. For obvious reasons reviewers did not review abstracts submitted from their own teams, so this was no mean task. I wish to extend my thanks to the reviewers for their time and expert input without which the process and the meeting would not be possible. The mean scores were then ranked and the top 8 abstracts in each category - Translational and Clinical, were selected for oral presentation (1 abstract was subsequently withdrawn). In addition, the top 28 abstracts were selected for presentation as posters. So, the D.A.M.C. Young Investigators Research Symposium maintains its highly competitive standard and this accurately reflects the high quality of the clinical and translational research that is being conducted through the D.A.M.C.

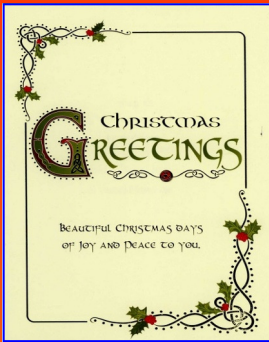
The meeting attracted a large audience of students (MD, PhD and BHLS), post-doctoral scientists and principal investigators who provided a lively forum for discussion of the presentations and posters. The chairpersons also acted as adjudicators and it was clearly not an easy task to choose the best presentations. In the end however, the adjudicators managed to come to unanimous decisions.

Congratulations to all the presenters for their work, and especially to the award winners:

- Dr. Elaine Walsh was awarded the best oral presentation in the Clinical Research Section for "Cancer in pregnancy: To treat or not?"
- Hayley Beaton was awarded the best oral presentation in the Translational Research Section for "Wnt6 is increased in diabetic nephropathy and modulates de novo tubulogenesis and opposes TGF β mediated epithelial cell differentiation in vitro".
- Karen Nolan was awarded the best Poster presentation entitled "Paricalcitol regulates TGF- β 1 and HIF pathways in renal epithelia".

I wish to congratulate also all the co-authors and principal investigators for their contributions to the exceptionally high standard of research across the D.A.M.C. I am sure it will continue to yield excellent results nationally and internationally. As this meeting will now rotate between SVUH and MMUH alternate years, I look forward to next year's meeting at the Mater Misericordiae University Hospital. Finally, I wish to extend my thanks to Louise McCormack (SVUH) and Rita Marron (MMUH) without whose invaluable support and organisational skills this meeting would not have materialised.

*Prof. Douglas J. Veale,
DAMC Director of Translational Research & Consultant Rheumatologist, S.V.U.H.*



1. 10 of one design



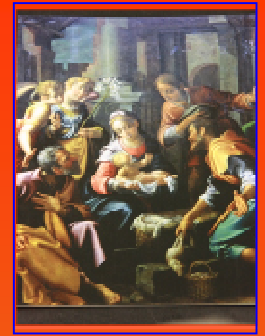
2. 10 of one design



3. 10 of one design



6. Assorted cards



4. Religious



5. Non-Religious

Order Form for Christmas Cards

Name: _____

Address: _____

Contact tel. no. _____ Amount Enclosed € _____

Cards are packed in 10's @€5 per pack

Tick Card Type/Quantity below

1.	2.	3.	4.	5.	6.
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(Cheque/postal order payable to "St. Vincent's Foundation")

Return your completed order form to:

**Mr. John Hickey, C.E.O., St. Vincent's Foundation,
St. Vincent's University Hospital, Elm Park, Dublin 4
or phone us on 01-2215065 with your order**



History of St. Vincent's



Donations over the ages

From the very beginning the generosity of supporters enabled St. Vincent's to provide excellent healthcare to patients who could not afford to pay for care themselves. We do not propose to list them all but include some of the more outstanding contributions during the 180-year life of the hospital.

At the outset in 1834, the first building of the hospital in St. Stephen's Green was purchased from The Earl of Meath with a gift of £3,000 from the family of Sister Frances Teresa O'Farrell, a newly entered nun in the Order. Records in 1834 also show that the Marchioness of Wellesley donated £20 to help with fitting out the hospital. In the same year this was further supplemented by a Christmas collection which raised £36.18s.4d. These were vital supports at a time when money was scarce.

In those early years one of the more interesting fundraising activities came about somewhat by accident. A sailor who had been treated in St. Vincent's left a parrot to the Matron. It subsequently emerged that the parrot swore fluently and was considered unsuitable to be in a hospital. It was decided that he should be auctioned and £60 was raised from the auction.

In 1841 the family of a young nun donated funds to buy 57 St. Stephen's Green from the Earl of Westmeath which doubled the size of the hospital.

Records from 1864 show that a Mr Francis Coppinger of Mounttown Castle, provided funds to purchase a property from the Earl of Carysfort. This was to be used as a convalescent facility. The running costs of this building were funded by a bequest from Michael Bernard Mullins of Merrion Square.

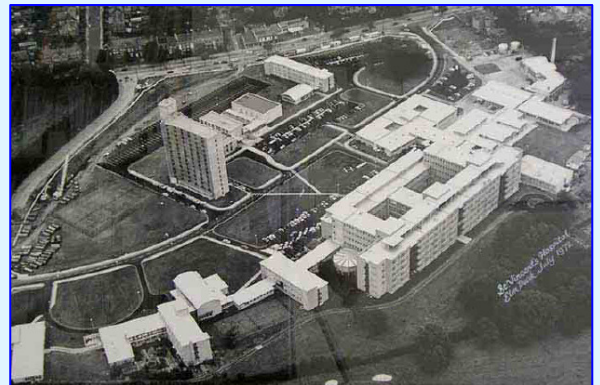
In 1860 Dublin Corporation donated £300 to St. Vincent's and three years later this was increased to £400. At this time the annual salary of a Medical Consultant was £50.

The historic records of the hospital through those years mention many sales of work, penny collections and personal donations.

Donor support continued in the modern era. At a cost of £2,700,000 the Education & Research Centre in St. Vincent's was developed and opened in 1989. For the following five years there was extensive fundraising which included sponsored horseracing events and Gala Balls. The support of the business community was canvassed and medical and other staff in the hospital were active in contributing to the successful creation of this great facility which serves well to this day.

Art sales and golf outings were annual fundraising events during the 1990's and early years of this century. All contributed in their time to the development of care in St. Vincent's.

The variety of recent fundraising events are well chronicled in this magazine and in earlier editions, as well as on our website. They demonstrate that the generous giving and fundraising of the Friends of St. Vincent's remains as vibrant as ever.



Bequests & Gifts to St. Vincent's

Legacy Gifts to St. Vincent's



Making a will is a very personal thing but very important to ensure that your assets are used, after your death, according to your wishes. Many people will amend their wills as their circumstances change over their lifetime.

People who make a will often speak of the peace of mind they get from recording their intentions properly. Very interestingly some research in the UK found that people who have made wills have lived longer on average than those who didn't. Other than being a curious point it isn't possible to say why this is so.

If you are making or changing your will please consider leaving a gift to St. Vincent's Hospital after you have taken care of family and friends. Any legacy small or large makes a real positive difference and helps others after you are gone.

From the time that St. Vincent's was established in 1834 we have been able to offer additional care to our patients through money left to the hospital in wills. Some people specify the particular area of medical care or research that they want their money to go to as it means something special to them. We will always carry out the wishes of the legacy donor.

Often we only hear about a gift to St. Vincent's being included in a will after our benefactor has died. We would love to know who our benefactors are, so that we could meet them and thank them for their support for the hospital.

Recent research on charitable giving, leaving gifts in wills to charities and will making in Ireland shows that:

- ♦ Ireland was ranked as the second most charitable country in the world in the 2011 World Giving Index
- ♦ The Index showed that 75% of the Irish population gives money to charity every month (while 38% volunteer time and 65% help strangers)
- ♦ **However only 34% of adults in Ireland have made a will and of those who have a will, it is estimated that only 10-12% have included a gift to charity**
- ♦ Having a will appears to be a function of age as 82% of those over 65 years have a will whereas only 51% of those aged 45 – 64 years of age and 26% of those aged 35 – 44 years have a will
- ♦ Of those who don't yet have a will, 30% would like to leave a gift to a charity in their will and this desire is highest among 18 – 24 year old respondents
- ♦ Charitable donations in wills are the foundation of many Irish charities generating nearly €26 million per year

[Source: www.mylegacy.ie

St. Vincent's Foundation is a founding partner of MyLegacy.ie]



We would be delighted to hear from anyone who is considering leaving a legacy gift to St. Vincent's.

For more information call John Hickey, C.E.O. St Vincent's Foundation, on 01-2215035 or visit our website www.stvincentsfoundation.ie

Ways you can Help St. Vincent's

Make a Difference!
DONATE

Donations

Every amount contributed to St. Vincent's makes a difference to our patient care regardless of how large or small. Contributions from Friends of St. Vincent's also helps us in vital research that will improve the outcomes for patients now and in the future.

All the ways to make donations are listed in the final page of this magazine

Revenue CHY4 Form

In Budget 2013 the Minister for Finance advised that there was to be a change in the way that charities like St. Vincent's Foundation could make a reclaim for taxation on donations in certain circumstances. This has now been clarified.



From January 2013 donations of €250 or more in a given tax year would received a tax rebate for the charity provided the donor/taxpayer had paid tax of this amount or more in the relevant tax period.

Because donations are made from "after-tax" income the tax reclaim is calculated to refund the amount of tax that would have been deducted and the taxation rate used is 31%.

The benefit to charities is best demonstrated by an example as follows: where a donor gives €500 during 2013 to St Vincent's Foundation the €500 is considered to be what was left after the donor had paid tax. At a rate of 31% this gross amount before deduction of tax is calculated at €724.65. If the donor has paid a minimum of €224.65 in tax in 2013 the Revenue will repay this amount (€224.65) to St. Vincent's Foundation thereby increasing the value of the donation by almost 45%.

Relevant donors complete and sign a Revenue CHY4 form, which we will provide and the tax reclaimed is very worthwhile as it substantially increases the income to charities at no further cost to donors

In Memory donations

In each edition of "*Friends of St Vincent's*" we note the large number of families who request donations to the hospital in lieu of funeral flowers. We are constantly amazed at this generosity at a time of great grieving for a loved one and we thank them all.

Often the bereaved relatives specify a medical area to be supported and we always adhere to this wish. If families intend to have a collection, in the church, at the funeral we can provide suitable laminated signs on request.

We would also express our thanks for the many kind comments about the care given to the deceased. We are delighted to pass on these comments.



Ways you can help St. Vincent's continued.....

Are you thinking of taking part in a fundraising event?

***If so, please consider choosing St. Vincent's Foundation
as your chosen charity***

***You can select the cause within the Foundation you would like
your money to go to***

***All monies received will go directly to
your chosen cause and patient care***

***Contact us now for a sponsorship pack on
01-2215065***

or

Email: stvincentsfoundation@svhg.ie

MyCharity Affiliation



Don't forget our partner in fundraising mycharity.ie. This is a really useful way to organise fundraising for sponsored events. If anyone is considering participating in any type of sponsored event, it is worth visiting the website. Literally any kind of event can be put up.

If you are using the MyCharity to raise money for St Vincent's through sponsored events the best way is by setting up your own page through www.mycharity.ie You can reach this by going to our website www.stvincentsfoundation.ie and following the link for sponsored events. You can then email the link to friends who might wish to sponsor you. There is a Direct Debit payment facility on the mycharity website and also, we are linked to their Facebook & Text Fundraising applications. You can also access a myriad of fundraising ideas via the "fundraising ideas page" on this site.

Comments from Our Patients and their Relatives



We constantly receive kind comments on the care given to our patients

We give a sample of these in each edition but we don't identify any patient or staff member

Readers might recognise their own comments

".....I am writing to you to relay my thanks for the wonderful care my stepfather received in his last days.....your nursing and nursing support staff are a credit to your institution and they care for patients in the most humane and gentle manner possible, whilst administering treatment in the most effective manner".

"May your staff continue their good work and thanks to all once again for the wonderful care".

"I am writing to thank you and the team within St. Vincent's Hospital for the care provided to my.....during her stay in the hospital".

"I am extremely impressed with the care, attention and courtesy which I have received from all who have attended me, consultants, nurses etc."

"I really appreciated having the service of St. Rita's available to me and my husband benefited also. I felt so safe and near at hand to help him".

"We greatly appreciate the care our mother received and the kindness shown to her and indeed to us her family".

"We express our sincere thanks. The care and attention had to be seen to be believed. It is a great source of comfort to know that John was so well taken care of".

"The staff I have met are exemplary people and I have been dealt with, with great empathy and sensitivity".

"Thanks for the unique, sensitive and excellent care provided by all the staff".

"All the staff were competent, kind and caring. They never intruded. We had peace, quiet and time to reflect".

"The calm and quiet of the Nutley Suite was a great comfort to our family at this sad time".

"The dignity and compassion shown to our mother was outstanding".

Business Partners of St. Vincent's

Business Partners are an integral part of St. Vincent's Foundation, enabling us to improve the environment for our patients and their families. In a very practical way each of these companies has contributed to the development of the hospital and demonstrated their corporate social responsibility. This is much appreciated and we hope that each benefits from their involvement with St. Vincent's.

Our Business Partners are a very important element of fundraising. As well as new partners we are really grateful to those who continue support, some for the third year. The continued support of our Business partners is very important to the hospital.

Our grateful thanks to all our Business Partners and we look forward to working with them

St. Vincent's Foundation is supported by the following Business Partners



Donations can be made by
24 hour donation phone line Tel: 1850 603 803
Via Our Website

www.stvincentsfoundation.ie

Or

Pick up one of our leaflets in the hospital

OUR CONTACT DETAILS

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Elm Park

Dublin 4

Tel: 01 221 5065

Fax: 01 221 4428

Email: stvincentsfoundation@svhg.ie

St. Vincent's Foundation

Company Registration No. 464228 Charity No. 1183