

Issue 20

St. Vincent's Foundation Newsletter for the *Friends of St. Vincent's*

Spring
2019



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*St. Vincent's Foundation
is a voluntary
organisation and all
donations and grants are
shown on our website*

St. Vincent's Foundation is the philanthropic fundraising
arm of St. Vincent's Healthcare Group



ST. VINCENT'S
HEALTHCARE GROUP

Advancing Healthcare Since 1834



St. Vincent's Foundation

Board of Directors: Mr. David Ryan (Chairman), Ms. Stephanie Fitzpatrick,
Mr. Dermot Furey, Prof. Michael Keane & Mr. John Hickey
Registered in Dublin, Ireland, Company No. 464228
Registered Charity Number 20001872
Registered Office: St. Vincent's Foundation, Elm Park, Dublin 4

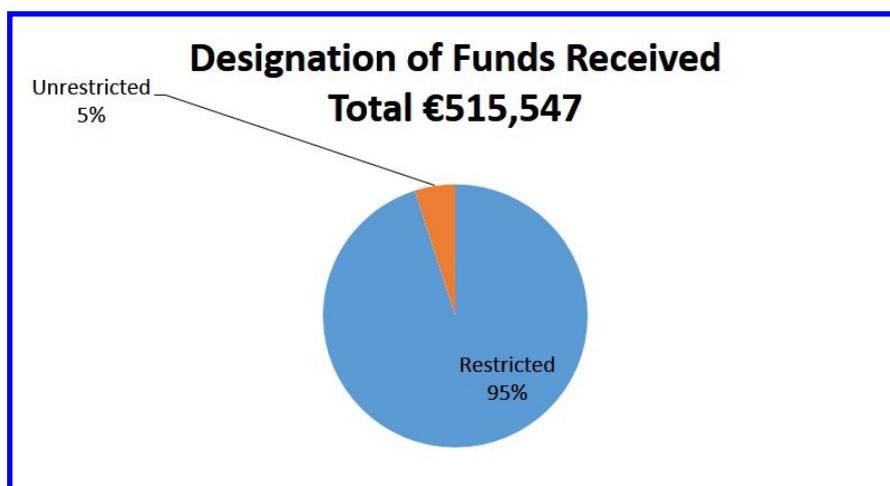
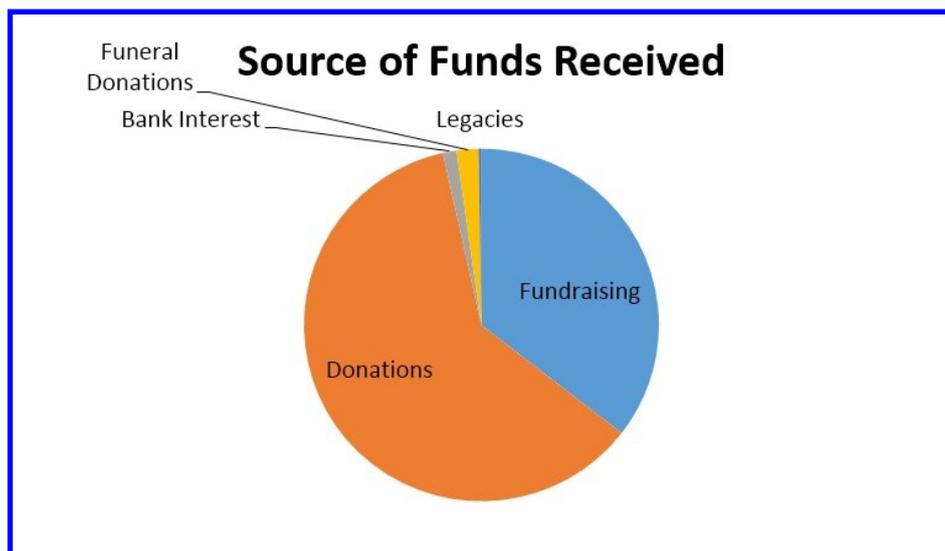
Welcome from John Hickey, C.E.O. (Voluntary) of St. Vincent's Foundation

It is a great pleasure, once again, to introduce this issue of *Friends of St. Vincent's*. The title of this magazine, which is now on its twentieth edition, really summarises the huge friendship towards St. Vincent's and to particular areas of care within the hospital. Over all the years, it is inspiring to witness the energy, creativity and enormous hard work that has generated in excess of €6.5M in support of patient care, research, equipment and medical education.

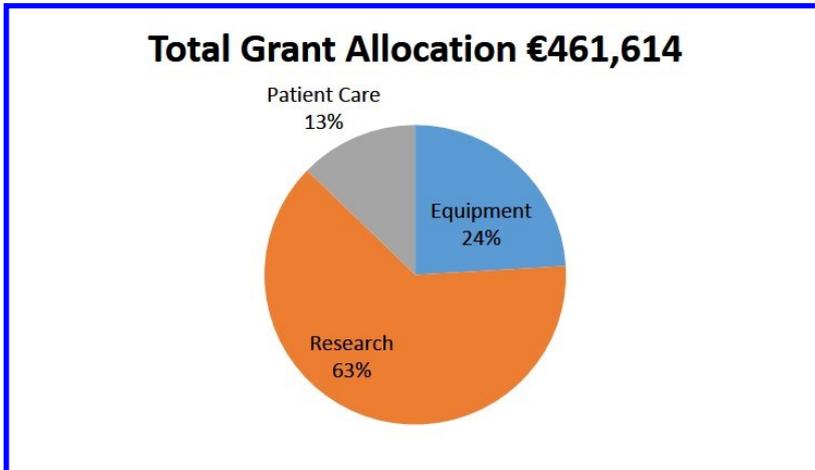


We place great emphasis on transparent reporting of all income and expenditure. These are readily available on our website <http://www.stvincentsfoundation.ie/transparency/> throughout the year and we always welcome any specific queries or requests for clarification.

Each year in the Spring edition we summarise the key performance measures of the previous year. In 2018 we had total income, mainly from donations, bequests and fundraising proceeds of €515,547. These are broken out in the following charts.



Welcome continued.....



During the year we provided grants of €461,614. Again the fuller detail is set out in the chart here.

Because St. Vincent's Foundation is a run on a voluntary basis our costs are kept very low. In the last year they totalled €12,721.

Apart from the annual reporting of performance, we are delighted to feature many other highlights in recent months.

There are a terrific range of fundraising initiatives. Some of the organisers will be familiar to regular readers of this magazine as they have featured a number of times over the years. Many other are fundraising for St. Vincent's for the very first time. The common feature among them all is a desire to make a real difference to a cause within the hospital that is very important to them. We sincerely thank them all for their superb generosity.

In the expenditure enabled by all this support there are wonderful examples of improvements in patient care, outcomes and research that could never have happened without the contribution that we refer to so often. Some of the equipment purchased is very technical where others are more concerned with the immediate comfort of patients and their immediate family. All make a very substantial difference to the totality of patient care.

On the research front we see real progress achieved in tackling major medical challenges and the supported teams within St. Vincent's are often part of a wider collaboration with other groups throughout Ireland and internationally. A number of the research projects supported, by donors and fundraisers through St. Vincent's Foundation, have gone on to access very substantial funds from outside research bodies thereby multiplying the positive outcomes.

I hope that readers will be enthused by the impact of so many people helping to make a positive change to our medical care and to the potential to respond successfully to the continuing medical challenges now and in the future.

Once again we express our deep appreciation to all who helped in any way.

John Hickey, C.E.O. (Voluntary), St.Vincent's Foundation

Message from Kay Connolly, C.E.O., S.V.U.H.

Message from Ms. Kay Connolly, Chief Executive Officer, St. Vincent's University Hospital

It is my great pleasure to have been asked to contribute to this edition of St Vincent's Foundation Newsletter. For many years the newsletter has provided a forum to thank the very many selfless people who give their time and money that allows St. Vincent's Foundation to continue its excellent work in contributing to improved facilities for our patients. As Chief Executive Officer it is my role to oversee the management of the hospital on a day to day basis but also to plan for the future and ensure the hospital is in a position to meet the demands and challenges associated with treating acutely ill patients. Doing so requires the careful management of a fixed budget which often does not permit the hospital to improve or expand in all the areas that we would like. This is why I am so very grateful for every single donation to St. Vincent's Foundation. Having worked in St. Vincent's University Hospital for over 30 years I have seen first-hand the many, many ways in which your donations have had a huge positive impact for our patients and their families during their stay in the hospital. To every person who has raised money for St Vincent's Foundation I offer my heartfelt thanks. Although the hospital is funded, the donations to the Foundation are very often the funds which support the provision of small yet important items in patient care areas which ensure that the stay in hospital is that little bit more comforting for patients and in some cases their families.

Since this newsletter was first published the healthcare sector has undergone very significant changes. St. Vincent's University Hospital has moved with these changes and continues to do so in a time where we see increasing demand on our services. With increased demand in services comes an increased demand on staff and resources within the hospital. It is important for all fundraisers and anyone who has donated to St Vincent's Foundation to know that their contributions have gone or will go towards improving facilities for patients. Patient care is the number one priority in St Vincent's University Hospital.

Our mission in St. Vincent's University Hospital is to provide the best patient care, with the best team and resources, using the best processes, and the best approach. The funding available to the hospital through St Vincent's Foundation for specific projects or patient care areas is of enormous support to hospital management and staff in delivering our mission. The kind words of grateful patients and families are a huge source of reassurance to me that the entire team here in St. Vincent's University Hospital deliver our mission on a daily basis in the delivery of care to our patients.

In conclusion, I would like to reiterate my gratitude to the donors and fundraisers of St. Vincent's Foundation. I would like to thank Mr John Hickey and the Board of St. Vincent's Foundation for their dedication, commitment and hard work. It is very much appreciated. St. Vincent's University Hospital was founded to provide free healthcare for those members of society who could not afford to pay for it. It is my privilege to lead St. Vincent's University Hospital today and to continue to deliver on this principle. Your endless support makes a great difference.

With gratitude,

Kay Connolly, Chief Executive Officer, St Vincent's University Hospital



Our Commitment to Donors & Fundraisers

As a voluntary organisation, St. Vincent's Foundation assures donors and fundraisers, that every cent raised goes to the intended cause.

We can do this because the quite minimal costs involved in managing the Foundation are covered by donations from our Business Partners, many of whom have been supporting us for many years. We also defray costs by a small amount of bank interest.

However you choose to help St. Vincent's you are assured that all your donation goes to your selected cause without deduction of costs.

We are a voluntary organisation dedicated to raising funds for patient care, research and education in St. Vincent's.



***All donations and grants are shown on our website
www.stvincentsfoundation.ie***

***St. Vincent's Healthcare Group comprises
St. Vincent's University Hospital, Elm Park, Dublin 4 (affiliated
with University College Dublin); St. Vincent's Private Hospital, Elm
Park, Dublin 4 & St. Michael's Hospital, Dun Laoghaire, Co. Dublin.
www.stvincents.ie***



**ST. VINCENT'S
HEALTHCARE GROUP**

Advancing Healthcare Since 1834

Fundraising Highlights

In the following pages we detail many of the events that contribute to support for equipment and activities in our hospitals and to enable the many research projects that, over time, improve our capacity to care for patients and enhance their outcomes. Mostly, sources of support can be summarised as follows:

- ◆ **Personal Donations.** Usually done on a confidential basis where the donor wishes to make a difference but not be publicly identified. We always respect this and, if in doubt, do not name benefactors.
- ◆ **Fundraisers.** Ranging from personal participation in large events to uniquely organised functions, these are a major contributor to our funds. The creativity involved is amazing.
- ◆ **Contributions from Pharmaceutical Companies.** In support of specific research projects or healthcare initiatives, these companies' grants are very important in pursuing our aims of improving the medical environment for our patients.
- ◆ **Bequests.** Increasingly in recent years we have seen that people are setting down what they want to happen after their death and often including a gift to a preferred charity. In our case this frequently is for a specific cause in the hospital. Legacy income in 2018 was €140,900. St. Vincent's is a partner and supporter of **My Legacy** to advance this in Ireland. In this issue there is a feature on making a Will.
- ◆ **Donations in lieu of funeral flowers.** These continue to be a most generous source of support. The generosity is all the more remarkable given the sadness affecting the bereaved families at the time.
- ◆ **Wedding favours.** On a much happier note, we are always delighted when couples decide to include a gift to St. Vincent's, as part of their wedding plans, instead of Wedding Favours on their great day.
- ◆ **Tax Refunds.** In some circumstances personal donations can allow us to make a claim from the Revenue for a tax rebate which increases the value of the donation at no further cost to the donor. We encourage donors to sign the necessary certificate where appropriate.
- ◆ **Collection Boxes.** Each year these boxes throughout the hospital raise nearly €10,000 which is a very welcome addition. We must thank those people who, completely anonymously, support our collection boxes so generously throughout the hospital.
- ◆ **Standing Orders.** We take the opportunity to thank the people who, over time, have created Standing Orders for regular payments to St. Vincent's Foundation. Many of these have been running for several years and we really appreciate each and every one.

A big, big thank you to all involved and we hope you will enjoy and be inspired by the stories that follow.



Christmas Cards & Christmas Raffle

OUR 2018 CHRISTMAS CARDS AND CHRISTMAS RAFFLE CAMPAIGNS WERE IN SUPPORT OF CANCER CARE IN ST. VINCENT'S. THE CHRISTMAS RAFFLE DRAW TOOK PLACE ON WEDS 19TH DECEMBER. THANK YOU TO ALL OUR STAFF, PATIENTS AND SUPPORTERS WHO CONTRIBUTED TO A VERY SUCCESSFUL DRAW.

THE TOTAL PROCEEDS OF OUR CHRISTMAS CARD / RAFFLE SALES CAME TO OVER €7,200. WE WANT TO ESPECIALLY THANK ALL OUR COLLEAGUES WHO SOLD RAFFLE TICKETS AT MAIN RECEPTION IN THE HOSPITAL, IN ST. VINCENT'S PRIVATE HOSPITAL AND KSG IN ST. VINCENT'S, FOR THEIR CONTRIBUTION TO THIS TERRIFIC SUCCESS. CONGRATULATIONS TO ALL WHO WON PRIZES IN OUR RAFFLE, WHICH INCLUDED STAFF, PATIENTS AND VISITORS.

We are particularly thankful to the following who generously donated prizes

**Bianconi's Bistro, Merrion Road
Goodbody's
Harvey Norman, Carrickmines
KSG
Noonans
Tony Walsh's Allcare Pharmacy**

**Clayton Hotel, Ballsbridge
Harbour Mill Westport
Home Instead Senior Care
Merrion Inn
Talbot Hotel Stillorgan
Gloria Winterlich**



Fundraising Highlights continued.....

Noreen Armstrong Memorial Ladies Lunch & Fundraising For Scalp Cooling Systems in St. Vincent's:

On November 3rd last, the family and friends of the late Noreen Armstrong organised the second fundraising Lunch in her memory, the first being held in 2016.

The organising group selected Scalp Cooling systems for Cancer treatment to benefit from their fundraising. With an attendance of over 250 women in the Radisson Blu St. Helen's Hotel, they raised the magnificent total of €25,165.40, which enabled St. Vincent's to purchase two systems.

The patient benefit from this fabulous exercise is enormous and will continue to contribute to patient welfare for many years to come. Sincere thanks to all.



Pictured are some photos from the day and also the cheque presentation attended by Teresa, Shiona & Maeve.



Mitten Family Fundraising for the Liver Unit:

Our thanks to Sarah Mitten and her mother Nicola for organising fundraising activities over last summer for the Liver Unit.

From these activities they raised €1,097, which is again, a fantastic outcome. Sarah and her family have been consistent supporters over many years and have now raised in excess of €5,500 for Liver Unit patient care.

Irish Pensions & Finance support

Irish Pensions & Finance has been a welcome and consistent supporter of St. Vincent's Foundation over the years. Colin Whelan (*pictured*) from the firm recently presented a cheque for €1,000, for which we are very grateful.



Wedding Favours for the Liver Unit:

Our thanks to our supporter Paddy Noonan who recently donated €200 to the Liver Unit in lieu of wedding favours. We wish him and Gill every happiness for their future together.

Fundraising Highlights continued.....



Coffee Morning in memory of Margaret McKeon:

Last October, in memory of her dear friend, Margaret McKeon R.I.P., Carmel Quinn from Booterstown organised a Coffee Morning to raise funds for Pancreatic Cancer care and research here in St. Vincent's. This is the second such event organised by Carmel and we are really grateful to her and to all involved. Supported by family, friends and neighbours, Carmel raised the magnificent amount of €2,095 for this vital area of medical care. Again our sincere thanks to Carmel.

Aoife Sully's Liver Transplant Event

On New Year's Eve, Aoife Sully organised a disco in Wall's/The Priory in County Kildare to raise funds for the Liver Transplant Unit in St. Vincent's.

Accompanying a fantastic hamper draw, Aoife and her family raised the phenomenal amount of €5,844. On behalf of our patients we thank you sincerely.

We also want to thank the many supporters, who sponsored prizes, attended the event or bought tickets. Each and every one contributed to this success.



Our photograph shows Aoife presenting the cheque accompanied by her Mum Jacinta and her sisters Katie, Amy (twin) & Emma.



Donation for Pancreatic Cancer Care & Research:

In memory of their beloved mother Evelyn Stewart R.I.P., her daughters Linda & Sandra travelled from Donegal to present funeral donations of €1,050.

These funds are a welcome contribution to the very extensive Pancreatic Cancer programme in St. Vincent's and we are grateful to the family and all donors, for their kindness.

Sandra and Linda are pictured with Nurse Manager Patricia Cadam in St. Luke 2 Ward presenting this donation

A personal Donation:

We were stunned by the individual generosity of an existing patient earlier this year when he gave us a bank draft for €10,000 for patient care in the hospital. His only requirement of us was that his contribution was to be anonymous and of course, we respect that. Hopefully that donor reads this and knows how much we appreciate that amazing kindness.

Bequests:

Since our last issue, St. Vincent's Foundation were most grateful to receive a bequest of €10,000 for the Stroke Unit in November and €5,000 for the Liver Unit in April.

Fundraising Highlights continued.....

Fundraising for the Liver Unit in memory of Karen Jackson R.I.P.:

In July 2018 a young patient, Karen Jackson died in St. Vincent's. To all who knew her, Karen was a truly remarkable young woman and a shocking loss to her family. Across an amazing swathe of people and organisations that she was involved with, there was a determination to raise funds for the Liver Unit in the hospital and to ensure that other patients would benefit over time from this tragedy. We feature many of the fundraising outcomes below and more under Dublin Marathon.

As we sympathise with Karen's grieving family we thank them for their kindness in the very worst of circumstances, following which we received very significant "in memory" donations.



St. Aidan's Comprehensive School, Cootehill fundraising for the Liver Unit:

The 1st year students in St. Aidan's Comprehensive School in Cootehill, Co. Cavan organised a 10km fundraising walk in memory of their much-loved former pupil Karen.

Pictured above are the students presenting their cheque to John Hickey of St. Vincent's Foundation in the company of Tom Jackson, Karen's Dad and teacher Sinéad Ni Bhaoil who organised this activity.

The students' objective was to fundraise for the Liver Unit in St. Vincent's. Having undertaken this gruelling endeavour the students raised the magnificent sum of €2,000 for the Unit.

The Transition Year students in St. Aidan's undertook a most creative project to raise more money for the Liver Unit, in memory of Karen.

Under the guidance of their art teacher, Ms. Genevieve Gallagher, each student produced a woollen patch of knitting or crochet. The patches were then combined to form a blanket which is, quite simply, unique and a work of art in its own right.



The pictures of the blanket shown here with some of the T.Y. students, and their teacher Genevieve Gallagher, demonstrates the excellence of the work and the amount of effort that went into making it.

The blanket was raffled, in Karen's memory and raised €400, which is a very welcome contribution to the hospital capacity in liver treatment. On behalf of our patients we are extremely grateful to the students and to their teachers in the school.

St. Finbarr's Ladies F.C. fundraising in memory of Karen Jackson R.I.P.

St. Finbarr's Ladies Football Club of Drung, County Cavan organised an ambitious fundraising in memory of their much loved club member Karen Jackson. The dual aim of the effort was to produce a new club strip and make a contribution to the Liver Unit in St. Vincent's. The strip (*see the photos below*) commemorates Karen with the inclusion of her initials on the sleeve and, very importantly, highlights an appeal for potential organ donors. The €700 committed to the Liver Unit is a great additional contribution to patient care and research in Liver related illness and transplant.



Thank You to all concerned for this massive effort.

Fundraising Highlights continued.....

2019 Women's Mini Marathon:

The 2019 VHI Women's Marathon is taking place on Sunday 2nd June. Best of luck to the many participants taking part in this event, fundraising for different causes here in St. Vincent's. Last year we received donations of over €17,000 from this event. We will have further updates in the next edition.



Eamonn & Mary Burke's annual Charity Swim for the Liver Unit:

When the rest of us are enjoying the relaxation of the Christmas and New Year periods, Eamonn & Mary Burke from Arklow have been busy organising their annual sponsored Swim to raise funds for the Liver Unit here in St. Vincent's, as they have done for so many years.

On St. Stephens Day 2018, the event achieved a new record for fundraising on the day, with a total of €6,030. Eamonn & Mary Burke, their family, friends and supporters have been one of our most successful fundraisers, with a total of circa €55,000 raised, some predating the establishment of St. Vincent's Foundation in 2008.

When Eamonn & Mary came to St. Vincent's to present their fundraising proceeds, they had a tour of the new Liver Unit facilities in St. Brigid's and saw at firsthand how this event and others make such a difference to patient outcomes and patient comfort. Our sincere thanks to all concerned.

See below photos of Eamonn & Mary Burke presenting their fundraising proceeds and also a selection of photos taken on the day of the Swim.



Fundraising Highlights continued.....



Remembrance Run 11th November 2018:

The Remembrance Run in the Phoenix Park has very quickly become an important feature in the calendar of sponsored events. St. Vincent's is fortunate to have a large number of participants supporting causes within the hospital.

Dermot Furey, together with his family and friends have raised funds through this event for a number of years. This time they have raised the terrific sum of €1,950 for Pancreatic Cancer care and research. Once again we express our sincere gratitude to all involved in this great effort.

Aifric Morrissey also organised a group to take part, raising funds for Cancer Care and Research. The group styled themselves "Team Graham" (see pictures below) in memory of Aifric's late husband. We are very grateful to Aifric, Ella, Ben & Oscar for raising the brilliant total of €1,502.33.



St. Coca's Athletic Club annual "Run with Jamie":

St. Coca's Athletic Club in County Kildare hosted a training run in advance of the Dublin Marathon in October last. This took place on Saturday 6th October and they invited clubs/runners to join them for an informal training run - covering 3 distances of either 34km, 16km and 6km. They had donation boxes in aid of St. Vincent's available on the day.

€1,276.70 was donated to St. Vincent's Foundation from this fundraising day and will be used for Cancer Care services here in St. Vincent's. Our sincere thanks to Aidan Maher and all in St. Coca's Athletic Club for organising this event.



St Michael's College support for St. Vincent's:

Over the years, the Transition Year students of St. Michael's College have been exemplary fundraisers for a number of charities, including St. Vincent's Foundation. Their generous contributions to St. Vincent's have enabled a number of projects, making a material difference to our patient care. This year, they contributed €2,500 to the ongoing development of our robotic surgery capacity

In line with the presentation of the fundraising, the First Year students were given a video demonstration of the robotic system in action and were most insightful and

engaging in their subsequent questions. Sincere thanks to all

Pictured above are some of the First Year Students and Vice Principal Aidan O'Donnell presenting the fundraising proceeds to John Hickey, St. Vincent's Foundation.

Fundraising Highlights continued.....

Geraldine Nolan Memorial Fundraising:

Family and friends of the late Geraldine Nolan organised a most unusual fundraising event, to benefit Pancreatic Cancer Research and Bereavement Counselling in St. Vincent's Private Hospital. €2,190 was raised, for which we are most grateful. Geraldine's son Ross expresses below, the detail of the event and motivation behind it:

"On Friday 18th January last, the family and friends of the late Geraldine Nolan held a Memorial Concert on the first anniversary of her death in the Merry Ploughboy, Rathfarnham, (see photos) in aid of Pancreatic Cancer Research and Bereavement Counselling in St. Vincent's Private Hospital. Geraldine received wonderful care in St. Vincent's Private Hospital during her treatment and at the time of her death. The evening was a huge success featuring Uileann Pipes, Bag Pipes and Scottish Small Pipes all of which Geraldine herself played and taught to a very high standard.

Many thanks to everyone who contributed."



Christine Kearney's Easter Raffle for Breast Cancer:

As predictable as Easter itself, Christine Kearney's raffle for Breast Cancer is a certainty in our calendar every year. With an amazing array of prizes, presented so attractively, Christine together with her friends Catherine & Katie (*photographed*) create a fantastic atmosphere in the hospital, as well as raising huge funds for Breast Cancer.

This year the raffle raised €3,105 which is a record for the event. It brings to over €43,000 the total that these raffles have contributed to this area of medicine in St. Vincent's. On behalf of our patients, current and future, we are deeply indebted to Christine, her family and her friends.

Jillian McNulty's Valentine's Ball for Cystic Fibrosis:

For many years, we have been delighted to report on the major fundraising successes achieved by Jillian McNulty. She has organised an enormous range of successful events for C.F. This year Jillian held another Valentines Ball on 9th February. From this, she contributed the huge sum of €4,000 for this extremely worthy cause.

To date, Jillian has raised almost €13,000 for the St. Vincent's C.F. Unit. A big, big thank you to Jillian and her supporters.

Jillian is pictured presenting €4,000 for the C.F. Unit in St. Vincent's



Fundraising Highlights continued.....

Dublin Marathon 2018:

The Dublin Marathon took place in October last and we had several fundraisers taking part for different causes in St. Vincent's.



Our sincere thanks to Hannah McConville from Dublin (*pictured*) who took part fundraising for St. Anne's Oncology services here in St. Vincent's. Hannah raised the magnificent sum of €2,009.82. Thank you Hannah for this wonderful support.

In a wonderful tribute to the late Karen Jackson - family and friends from County Cavan took part in the Dublin Marathon and also did a fundraiser. €5,110 was presented to St. Vincent's Liver Unit. An additional €100 was subsequently donated to St. Vincent's. A further €5,110 was donated from this fundraising to the Paediatric Unit in Cavan General Hospital. We are really grateful to Noel, Ciaran and Kevin, and of course to Karen's aunt Denise Fitzpatrick.



(The brave participants are pictured with members of Karen's family)



Carrigtwohill Folk Choir fundraiser for the Liver Unit:

In a great example of community spirit, the Carrigtwohill Folk Choir had a fundraising event at Christmas for the Liver Unit in St. Vincent's.

Representing the choir, Geraldine Cashman presented the proceeds of €180 to John Hickey of St. Vincent's Foundation at an event in White's Cross, Cork. Geraldine was accompanied by her daughter Edel (*pictured*) who successfully received a transplant.

Glanmire Macra Na Feirme fundraiser for the Liver Unit:

Glanmire Macra na Feirme held a Christmas themed Quiz Night on 13th December last, fundraising for the Liver Unit here in St. Vincent's. With huge organisation and energy the group raised the terrific sum of €1,200, which will be enormously helpful in our liver related activities.



Representatives of the group are pictured presenting the proceeds to John Hickey

We are so indebted to all our supporters mentioned here and to many more not listed. Some donors do not want to be identified and we always respect that.

Donors making a difference

In the pages that follow we demonstrate the practical impact that donors and fundraisers have had on patient care in St. Vincent's Hospital. Here we feature investments in patient and family comforts, and equipment financed by donors through St. Vincent's Foundation

Flanagan Family Donation to Patient Care in St. Vincent's.

We were delighted to receive a generous donation from the family of Niamh Flanagan RIP to enhance patient care in the hospital. Dr Clare D'Arcy, Consultant Pathologist in SVUH, expresses below, the medical benefits from this generosity.



"The Histopathology Department at St. Vincent's University Hospital wish to express sincere gratitude to the late Niamh Flanagan and her family who kindly organised a generous donation with the intention of enhancing the sarcoma pathology service available to patients in Ireland. This donation has been used to fund a vital piece of equipment known as an 'Exact pathology band saw'. This particular saw will provide the laboratory staff with a safe, effective and efficient mode of processing resection specimens composed of or containing bone. The procurement process for this is currently underway and we are indebted to the generosity of

the Flanagan family for this valuable contribution to the department"

Pictured above presenting the Flanagan Family cheque to John Hickey, S.V.F. are Dr. Niall Swan, Dr. Clare D'Arcy, Ms Mary Walsh & Dr. Tom Crotty

Specialist Chair for Cardiac Catheterisation Suite:

St. Vincent's Foundation recently financed a specialist patient chair for the Cath. Lab in the Coronary Care Unit Day Care Centre. The chair has electrically adjustable height and backrest and also leg supports for the user. This purchase was part of a wider project to create a second Cath Lab in St. Vincent's. The equipment has huge benefits in enabling patients to be attended in the Centre before and after their cardiology procedure thereby avoiding admission to a ward bed. It provides more comfort for patients and a more effective environment for their treatment. As a result, the hospital stay for patients is shortened with considerable benefits for their recovery to good health.



Hugh Cooney Memorial Fund:

The family of the late Hugh Cooney continue with their incredible support for Psycho-Oncology support in St. Vincent's Private Hospital. They provide a grant of €60,000 per year and the feedback from those who benefit is enormously positive. We are indebted to all concerned and it continues to reflect his memory and his generous wishes.

James Gill Memorial fund:

James Gill was a young patient who died in St. Vincent's a number of years ago. His bereaved family were determined that some good would come from their tragic loss and contributed to creating the family room in St. Anne's Ward. Many will be familiar with the comfort of this room. Over time the couch had become worn and with donor support we recently refurbished it to its original high standard.

Donors making a difference continued.....

Reclining chairs for St. Christopher's C.F. Ward:

Owing to the generosity of fundraisers and donors, we were recently able to purchase highly comfortable reclining chairs (*pictured*) for each of the Cystic Fibrosis patient rooms in St. Christopher's Ward. These have been very well received by patients and their families and are a very welcome addition to a ward that is often characterised by enforced long stays for patients. This was made possible by great fundraisers to whom we are really grateful.



eView Mobile P.C. for the Liver Unit:

St. Vincent's Foundation recently funded important technology for the Liver Unit in the hospital.

The e-View Mobile Medical Grade PC (*pictured with the care team*) enables information such as blood tests and radiology results to be available at the patient's bedside. It also allows investigations to be requested electronically immediately.

This is a great addition to our capacity for patient care in St. Brigid's Ward and is enabled entirely by donations from supporters.

Major Donor-enabled Research News

In many issues of Friends of St. Vincent's we have featured projects that have been enabled by donors and fundraisers. One of the spectacular successes to date has been a multi-year financial support from a donor which has enabled huge progress in Immunology Obesity Research, in many ways. We are indebted to Prof. Donal O'Shea, Consultant Endocrinologist in St. Vincent's Hospital, for the article below which takes us through this great journey.

"About 10 years ago a patient at our diabetes clinic told me he would like to support our area of research – childhood obesity and the effects of obesity on general immune system function. He said he would be in touch. I thanked him, and explained that the St Vincent's Foundation would be the best place to send a donation. I was expecting that a cheque would arrive in the next few weeks - for perhaps several hundred euro – and we would have been delighted with that and we would have put it to good use. A major advantage of going through the foundation is that all the moneys donated go directly to the research groups activity with no percentage kept for administration. That percentage can be as high as 30% in some institutions.

What actually happened was very different to what we expected and it has allowed our research group and activity to expand in way we could never have anticipated. Instead of a one-off cheque, we received an indication that this donor would like to enter into an agreement over a number of years. They would be prepared to give approximately €10,000 every quarter for the next 3 years. There was to be no restriction on its use within our research activity and there was to be complete anonymity.

The agreement rolled on and now 10 years on, we have received close to €400,000 in unrestricted donations from this donor. This funding has allowed us to take on work that simply would have been beyond our reach.

Donors making a difference contd.....

It has allowed us to;

- ◆ Establish collaborations with international research groups in Boston, Paris and Toronto.
- ◆ Recruit a post-graduate (M.D fellow) and a post-doctoral (Newman Scholar) researcher to investigate the impact of childhood obesity on the immune system.
- ◆ Set up a Schools Based Intervention Project around prevention of obesity. This we are running with UCD, University of Limerick, University of Maynooth, the Department of Health and the Department of Education. We currently have 2 PhD students and a Post Doctoral student working full time on this. We have just secured further funding for €600,000 to grow this project.
- ◆ Secured peer reviewed grant funding from the Health Research Board and the National Children's Research Center worth €600,000
- ◆ We have recently been invited to present to the American Society of Immunology – the largest meeting on immunology in the world - as a result of our findings.
- ◆ In total we have used the funds to support 10 peer reviewed publications.

Pictured attending Cell Symposia Meeting on Immunometabolism in Toronto, Canada (June 2013) are Prof. Donal O'Shea, Prof. Lydia Lynch (Harvard Medical School), Prof Daniel Drucker (University of Toronto & leading expert on diabetes therapeutics) & Dr. Andy Hogan of the Immunology Research Group.



This is a level of research activity and output that we would not have (even nearly) achieved without this support. The donor has been kept up to date from a distance but has never sought any input to or influence over our work.

It is difficult to quantify fully the impact of that conversation the donor and myself had 10 years ago. It is clear however that the support that we have been given has led to a collaborative reach far beyond the shores of our island. Within our island the support has allowed us to reach into the depths of government departments, universities and other charities.

Our group is greatly indebted to both the donor for their generosity and to the Foundation for enabling all monies to go directly to the research activity.

**Prof. Donal O'Shea,
Consultant Endocrinologist, S.V.U.H.**



My Legacy & Tax Reclaim for Charities



My Legacy Week

My Legacy is an umbrella group of 60 Irish charities, of which St. Vincent's Foundation is one. Our group vision is to create social change; to increase the low level of will making in Ireland at every life stage and to make legacy gifts the norm in Ireland and a widely recognised and respected way of supporting a charity into the future. A charitable legacy gift is tax free.

In Autumn each year My Legacy organises events to encourage everyone to make a will. An important message in this communication highlights the wisdom of making a will to ensure that your wishes, in relation to your assets, are fulfilled after your death. It is a simple process and entirely confidential between the individual and the solicitor making the will. The percentage of people in Ireland who make a will is low by international standards and the absence of a will often leads to an expensive and sometimes divisive process to deal with the intestate estate.

The other objective of My Legacy is to encourage people to consider a small bequest to a favourite charity when the needs of loved ones have been catered for. A legacy gift can have a positive impact long after the person's life. In this area Ireland falls behind the UK and USA. 6% of donations in Ireland come from wills compared to 9% in the UK and 12% in the USA. My Legacy is looking to change this for the better.

We all know that small acts are the start of great change. As a member of @MyLegacy.ie we know that any legacy gift, no matter how big or small, will have an impact on us and the work that we do.

Visit www.MyLegacy.ie to find out how you can make a lasting difference.

In St. Vincent's, many important investments have happened as a result of a bequest. These include support for Cancer Research programmes and for patient care. We are very grateful to the wonderful people who made this possible. In 2018 alone St. Vincent's received over €140,000 in legacy bequests.

Tax Reclaim for Charities

As a registered charity, donations to St. Vincent's Foundation can be enhanced when we can reclaim tax on the amount donated. From January 2013, for all donations of €250 or more in a given tax year the receiving charity receives a tax rebate for the charity provided the donor/taxpayer had paid tax of this amount or more in the relevant tax period. Because donations are made from "after-tax" income the tax reclaim is calculated to refund the amount of tax that would have been deducted and the taxation rate used is 31%.

The benefit to charities is best demonstrated by the following example - where a donor gives €500 during 2018 to St Vincent's Foundation the €500 is considered to be what was left after the donor had paid tax. At a rate of 31% this gross amount before deduction of tax is calculated at €724.65. If the donor has paid a minimum of €224.65 in tax in 2018 the Revenue will repay this amount (€224.65) to St. Vincent's Foundation thereby increasing the value of the donation by almost 45%. Relevant donors complete and sign a Revenue CHY4 form, which we will provide and the tax reclaimed is very worthwhile as it substantially increases the income to charities at no further cost to donors.

How we handle your money



Regular readers will be familiar with this page which we reproduce in each edition as we feel it is important to demonstrate both our activities but also our consistent policy in dealing with donations.

Donations: *In line with our privacy policy we generally do not highlight specific donors unless they specifically request to be identified. Most donors want confidentiality and we always respect that.*

Personal details of **Donors** will remain confidential unless SVF is specifically requested by the Donor to publicise them. Otherwise Donors will be able to recognise their own donation by reference on that page to the donation date and amount and by the cause, if they have specified one.

Fundraisers will be individually identified in the publicly accessible database, if they have requested to be identified, by name and amount raised. Otherwise they will be able to recognise their contribution by reference to the presentation date and amount and specific cause if nominated.

For details of all donations, fundraising and spending, please see our website www.stvincentsfoundation.ie

On the website also, you can read our Income and Grants policies.



EverydayHero (formerly MyCharity) Affiliation

Don't forget our partner in fundraising **EverydayHero (formerly mycharity.ie)**
This is a really useful way to organise fundraising for sponsored events.

See further details on www.everydayhero.ie

Fundraising Events

These are one of the biggest sources of financial support and are covered extensively in this magazine.

Are you thinking of taking part in a fundraising event?

If so, please consider choosing St. Vincent's Foundation as your chosen charity
You can select the cause within the Foundation you would like your money to go to
All monies received will go directly to your chosen cause and patient care

Contact us now for a sponsorship pack on 01-2215065

or

Email: stvincentsfoundation@svhg.ie

Donations can be made by

Tel: 1850 603 803

Via Our Website

www.stvincentsfoundation.ie

Or

Pick up one of our leaflets in the hospital

OUR CONTACT DETAILS

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Elm Park

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Tel: 01 221 5065

Fax: 01 221 4428

Email: stvincentsfoundation@svhg.ie

St. Vincent's Foundation

Company Registration No. 464228

Registered Charity No. 20001872

St. Vincent's Foundation complies with The Principles of Good Governance and with
The Statement of Guiding Principles for Fundraising