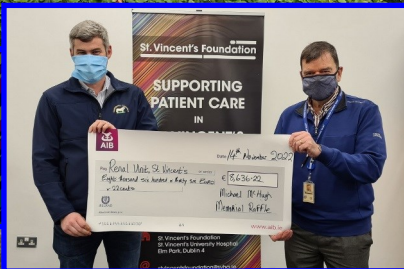


Issue 23

St. Vincent's Foundation Newsletter for the *Friends of St. Vincent's*



2022 Edition

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*St. Vincent's Foundation
is a voluntary
organisation and all
donations and grants are
shown on our website*

www.stvincentsfoundation.ie

St. Vincent's Foundation is the philanthropic fundraising
arm of St. Vincent's Healthcare Group



**ST. VINCENT'S
HEALTHCARE GROUP**

Advancing Healthcare Since 1834



St. Vincent's Foundation

Board of Directors: Mr. David Ryan (Chairman), Ms. Stephanie Fitzpatrick,
Mr. Dermot Furey, Prof. Michael Keane & Mr. John Hickey
Registered in Dublin, Ireland, Company No. 464228
Registered Charity Number 20001872
Registered Office: St. Vincent's Foundation, Elm Park, Dublin 4

Welcome from John Hickey, C.E.O. (Voluntary) of St. Vincent's Foundation

Once again it is my great pleasure to welcome readers of *Friends of St. Vincent's*. Some are with us for the first time, many have been consistent supporters demonstrating their interest in St. Vincent's over many years.



St. Vincent's Healthcare Group in common with all hospitals continues to deal with the impact of Covid-19. The three years since the start of the pandemic have been extraordinarily challenging for all care institutions and for those we serve. Our hospitals have seen the tragic impact on many families who have lost loved ones to Covid-19 and we sympathise with all of those affected. We have also experienced the loss of our own colleagues to the disease and each is mourned and remembered fondly. On a positive note we must recognise the positive response of the public in supporting the hospitals in every way possible including the necessary restriction on hospital access. We know that this has been terribly difficult for these families in very emotionally stressful circumstances.

It is an appropriate opportunity to record that St. Vincent's Foundation has now been in existence for just over fourteen years. Looking back over the records for those years it is humbling and uplifting to see the range of support from donors and fundraisers and also their ingenuity in selecting and organising events and programmes that support our hospitals. In this edition, as always, we highlight the many, many great people who make this happen.

We have also profiled the impact of the funds contributed from these donors and fundraisers. In the areas of patient comfort, patient outcomes and progressive medical research, the one aspect they have in common is improving our capacity in our hospitals to care for our patients. This appropriately reflects the intention of Mary Aikenhead when she founded the original hospital in St. Stephen's Green in 1834. We have included some historical information from that period which is interesting.

In the pages that follow we have summarised the financial performance of St. Vincent's Foundation in the latest full year of 2021. During the year we received over €920,000 from all sources. As mentioned before, this mirrors all we have said about the support we receive and we are so very grateful for that. We paid out grants of €440,000 and in addition approved further grants of approx. €350,000 which will be implemented over the coming months. The audited accounts for 2021 and previous years are available on our website www.stvincentsfoundation.ie.

In this edition we are delighted to have an article contributed by our Director of Nursing, Ann Flynn. We appreciate Ann's insights and the impact of her nursing teams. She has also highlighted the benefits we have derived from the support of patients and their families.

It is appropriate for me to thank the Directors of St. Vincent's Foundation for the generosity of the time they give to the Foundation on a voluntary basis. We are deeply grateful to Stephanie Fitzpatrick; Dermot Furey; Prof. Michael Keane; our Chairman, Dave Ryan and Company Secretary, Stefanie O'Brien, for enabling us to continue the highest standards of transparency and accountability.

We would also like to express our appreciation to the Members of St. Vincent's Foundation, who also give voluntarily of their time. Big thank you to all.

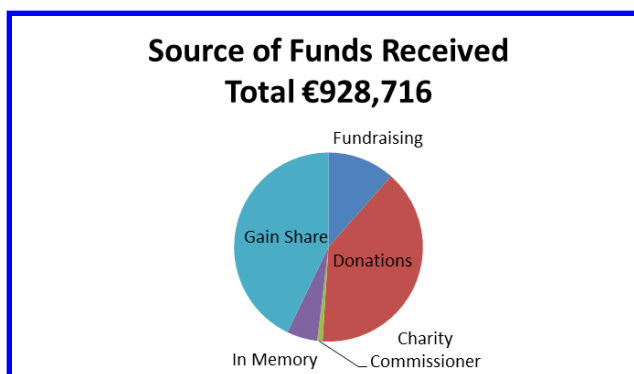
Finally, I would be very happy to receive any feedback from readers of this magazine. My email address is j.hickey@svuh.ie.
John Hickey, C.E.O. (Voluntary), St. Vincent's Foundation

2021 Business and Financial Summary

2021 Business and Financial Summary

Income:

During 2021 St. Vincent's Foundation (SVF) received €928,716 in total income. These funds come from donations, fundraising events, donations in lieu of funeral flowers and other minor sources. In addition in 2021 for the first time we received funds from an initiative known as Gain Share where hospitals are encouraged to use generic drugs with equal efficacy but more cost-effective. Overall income reduced by €707,418 (43%) on 2020. That year, 2020, however was extraordinary given the public response to the Covid-19 pandemic. Typically, over the thirteen years that SVF has existed we received approx. €500,000 each year so the relative performance for 2021 was very satisfactory. The chart below demonstrates the full breakdown of funds received in 2021.

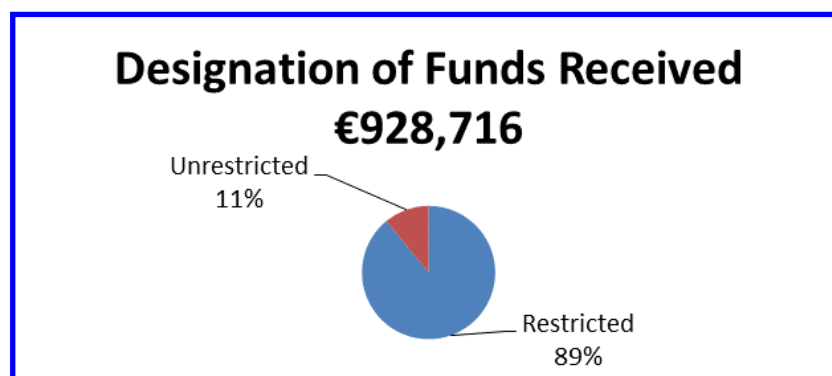


The first half of the year generated €369,080 of the total income, with €559,636 received in the second half.

Fundraising by a wide range of supporters and events continued to be very important as well as the very generous decision by many bereaved families to request donations to St. Vincent's in lieu of funeral flowers.

Reclaims of taxation on donations are included in the overall donation figure.

€827,021 of funds received were restricted to specific causes with just €101,684 unrestricted. The term "Restricted" is used when the funds are specified by the donor/fundraiser to be used for a particular medical discipline e.g. Cancer. In "Unrestricted" donations, the donor leaves it to the discretion of St. Vincent's Foundation to determine where the greater need is within our hospitals.



Individual details of all receipts are shown on the website

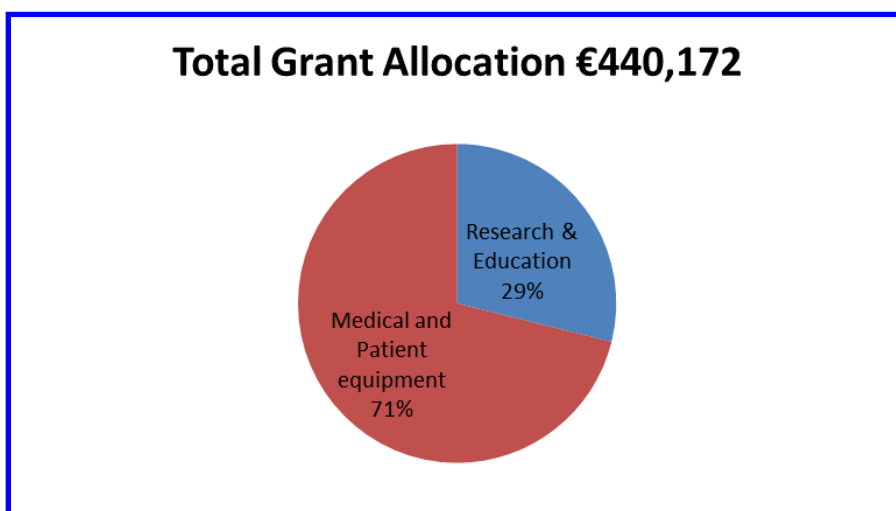
2021 Business and Financial Summary contd.....

Grants:

During the year we made grant disbursements of €440,172.

- ♦ €294,457 of total grants was provided to purchase equipment for patient treatment and support.
- ♦ €119,549 was contributed to Medical Education and Research projects.

Total grants in 2021 reduced by €511,239 (55%) on 2020. The outlay in 2020 included c.€600,000 for immediate Covid-19 related equipment.



All Grants are shown separately on our website

Expenses:

St. Vincent's Foundation continues to operate on a voluntary basis with no salaries or wages. Costs therefore amounted to €26,116 (2020 €10,839). The increase of 140% seems very large but is in large measure accounted for by professional fees which were delayed from 2020, thereby depressing the costs for that year and increasing equivalently for 2021. The impact of Covid-19 in 2020 further reduced costs by curtailing activity during that year.

In 2021 we were also required to invest in our website to comply with emerging legislation in relation to website cookies. Some of these requirements will continue to carry increased annual costs.

We saw increases in our annual insurances and we don't envisage any significant reductions in the near future.

Principal expenses are fees for accounting, legal and insurance, website hosting and maintenance and production of our donor's magazine ***Friends of St. Vincent's***. Travel costs, telephone costs, commission payments to iDonate for online donations, and financial charges made up the balance.

Full details of the 2021 accounts are available on our website www.stvincentsfoundation.ie

Early days of St. Vincent's



St. Vincent's has cared for patients for more than 178 years. In a series of articles in this magazine, we will set out some of the key milestones in that journey of care. St. Vincent's hospital was formed in 1834. Mother Mary Aikenhead (*pictured*) saw the desperate conditions endured by the poor of Dublin and was determined to create a hospital that would cater for the sick regardless of their financial means. At this time hospitals, where they existed, catered for the poor. The wealthy classes, when they got ill, were cared for in their own homes.

With a donation of £3,000, Mother Mary purchased number 56 St Stephen's Green (*pictured*) from the Earl of Meath on January 23rd 1834. After a number of months of renovation the hospital accepted its first patients in April 1835. It was soon filled to capacity of twelve patients. A further eighteen beds were added later that year and in 1836 the capacity had increased to sixty patients.



By 1850, the hospital had ninety beds. Medical care was provided by Dr Joseph Michael O'Ferrall. He served the hospital tirelessly until his death in 1866, although almost completely blind in his later years.

As well as being an outstanding physician Dr O'Ferrall was a pioneer in medical training and has left an account of the methods of teaching in St. Vincent's in the second half of the 1850's. Dr O'Ferrall was joined on the medical staff shortly after the hospital opened by Dr O'Bryen Bellingham (known for his book, "Diseases of the Heart" published a few days after his death in 1857),

The service to patients, particularly less well-off, has continued without interruption for almost 190 years during a period that saw major famine, two world wars and the 1916 uprising and, of course, two pandemics (Spanish Flu and Covid-19). In later editions of *Friends of St. Vincent's* we will record other significant events in the life of the hospital.

We mention in each issue that, as a voluntary organisation, St. Vincent's Foundation assures donors and fundraisers, that every cent raised goes to the intended cause.

However you choose to help St. Vincent's, you are assured that all your donation goes to your selected cause without deduction of costs.

We are a voluntary organisation dedicated to raising funds for patient care, research and education in St. Vincent's.

A message from Ann Flynn, Director of Nursing, S.V.U.H.



I am delighted to contribute an article to this issue of *Friends of St. Vincent's*. As the by-line suggests, my role is that of Director of Nursing for St. Vincent's University Hospital. I have held this role since 2019. However, my relationship with St. Vincent's goes back to when I joined the hospital in 1990 as a student nurse. I have a great fondness for the hospital and am very proud of what we do for our patients' week-in, week-out.

I am reminded of the guiding motivation of the founders of St. Vincent's Hospital in 1834 who sought only to provide care for the sick regardless of their wealth or status in society. This continues to motivate us today where we live by the organisation's values of human dignity, compassion, justice, quality and advocacy for our patients. It is my responsibility to ensure that we have a nursing environment that provides the highest professional standard of nursing care for our patients. We strive to ensure that all our nursing staff are compassionate and understanding in their interactions with our patients and their families. Many of our patients are very seriously ill or, indeed potentially terminal as a result of their illness. I consider the role of nursing to be of the highest importance in providing positive health outcomes and a comforting presence for

every patient and their loved ones.

Our nursing staff form part of an institution-wide team caring for people who range from those who have routine procedures to those who are extremely ill. The partnership with Medical Consultants and all members of our care community is vital for the care of our patients.

Our role can be a very demanding one because, in nursing and medical care, one cannot predict what will arise and often these emergencies emerge with very little time to plan for them. This uncertainty was obviously compounded during the last three years dealing with Covid-19 and the consequent health challenges for our patients and our colleagues. I am immensely proud of how all the staff in St. Vincent's University Hospital coped with those unprecedented times. These challenges still exist and will do for some considerable time.

One of the most uplifting aspects of my job is the feedback we receive from our patients and their families. Each of these personal comments reflect the role we have tried to play in their journey with us here in St. Vincent's University Hospital. St. Vincent's is an academic teaching hospital and each year we welcome a new intake of nursing students. It is so heartening to see their commitment to caring for those who need it most.

We are so grateful to the donors and fundraisers who have contributed to the hospital through St. Vincent's Foundation over the last fourteen years. This support has enabled us to invest in medical research, equipment and specialist medical and nursing education, which benefits our patients now and for the future. A very topical example of recent investment in education is evident in our Intensive Care Unit (ICU). The clear learning from the recent past was the vital role of ICU nursing staff in caring for critically ill patients. Donor's contributions have enabled us to sponsor ICU nurses to undertake a highly specialised post-graduate qualification and in doing so assist us in expanding our specialist staffing in ICU. The positive impact of this will be immense. I cannot sufficiently thank all those generous people who enabled this.

Ann Flynn, Director of Nursing, S.V.U.H.

Fundraising Highlights



In the following pages we detail many of the events that contribute to support for equipment and activities in our hospitals and to enable the many research projects that, over time, improve our capacity to care for patients and enhance their outcomes. Mostly, sources of support can be summarised as follows:

- ♦ **Personal Donations.** Usually done on a confidential basis where the donor wishes to make a difference but not be publicly identified. We always respect this and, if in doubt, do not name benefactors.
- ♦ **Fundraisers.** Ranging from personal participation in large events to uniquely organised functions, these are a major contributor to our funds. The creativity involved is amazing.
- ♦ **Contributions from Pharmaceutical Companies.** In support of specific research projects or healthcare initiatives, these companies' educational grants are very important in pursuing our aims of improving the medical environment for our patients.
- ♦ **Bequests.** Increasingly in recent years we have seen that people are setting down what they want to happen after their death and often including a gift to a preferred charity. In our case this frequently is for a specific cause in the hospital. St. Vincent's Foundation has been an active partner in MyLegacy.ie in encouraging people to make Wills and to consider a small donation to a charity of their choice. The central feature of this is "Best Will Week" which happens each Autumn.
- ♦ **Donations in lieu of funeral flowers.** These continue to be a most generous source of support. The generosity is all the more remarkable given the sadness affecting the bereaved families at the time.
We always advise families of donations when they are requested in lieu of flowers.
- ♦ **Wedding favours.** On a much happier note, we are always delighted when couples decide to include a gift to St. Vincent's, as part of their wedding plans, instead of Wedding Favours on their great day.
- ♦ **Tax Refunds.** In some circumstances personal donations can allow us to make a claim from the Revenue for a tax rebate which increases the value of the donation at no further cost to the donor. We encourage donors to sign the necessary certificate where appropriate.
- ♦ **Collection Boxes.** Each year these boxes throughout the hospital raise nearly €10,000 which is a very welcome addition. We must thank those people who, completely anonymously, support our collection boxes so generously throughout the hospital.
- ♦ **Standing Orders.** We take the opportunity to thank the people who, over time, have created Standing Orders for regular payments to St. Vincent's Foundation. Many of these have been running for several years and we really appreciate each and every one.

A big, big thank you to all involved and we hope you will enjoy and be inspired by the stories that follow.

St. Vincent's Healthcare Group comprises:

**St. Vincent's University Hospital, Elm Park, Dublin 4
(affiliated with University College Dublin)**

St. Vincent's Private Hospital, Merrion Road, Dublin 4

St. Michael's Hospital, Dun Laoghaire, Co. Dublin.



Fundraising Highlights continued.....

Fundraising for Intensive Care Unit in memory of Thomas Smith R.I.P.:

In memory of a beloved husband and father, the Smith family from Letterkenny, County Donegal organised a variety of fundraising events. This enormously generous activity raised €1,000 for the Intensive Care Unit here in St. Vincent's.

In a very innovative and kind contribution, local children contributed pocket money to the event. We are grateful to all who supported this fundraising, as we sympathise with the Smith family on their sad loss.

The family travelled from Donegal in November last to present the fundraising proceeds to staff members in I.C.U.



In memory of Janis Murphy Carter:

In an extraordinarily generous spirit John Carter was determined to support the Cedar Ward in St Vincent's Private Hospital reflecting the time that his beloved wife, Janis, spent there for the final months of her life. In the first action in this support, John, together with his colleagues in the Radio Station Training Crew raised the huge sum of €5,000. John followed this with a personal donation of an additional €5,000 meaning that the Cedar Ward's capacity for training is enhanced by a total of €10,000. On behalf of our patients we are truly grateful for this fantastic kindness.

We cannot think of a better way of expressing John's approach than his own statement highlighting his motivation for the support: "On behalf of myself and my Radio Station Training Crew, we wish to acknowledge Janis and our thoughts and hearts go out to all the staff in Cedar Ward, and indeed to all the staff in Vincent's Private Hospital, along with Vincents University Hospital. The work and care is incredible by each and every one of the staff and this is just a small token from the Radio Station Training Crew. My sincere thanks to you all. John Carter". We are delighted to confirm that two nursing staff in Cedar Ward are now undergoing advanced nursing education, financed by this most generous donation.

L.C.C. Tennis Club fundraiser for the Liver Unit:

In support of a club member, Finbarr O'Regan, the Tennis Club organised fundraising for St. Vincent's Liver Unit. Finbarr, a liver transplant recipient and member of staff in St. Vincent's, was hugely supported, reflecting his popularity. Finbarr and Gerry Collery, representing the Tennis Club presented a cheque for €1,220 to Liver Unit Consultant, Prof. Ross McNicholas earlier this year (see photo).

We are greatly indebted to everyone who supported this successful outcome.



Fundraising Highlights continued.....

Emmet's Ten Tonne Challenge for Haematology:

Emmet Burns undertook an amazing challenge in October 2021 to raise funds for Haematology care in St Vincent's University Hospital and for the Irish Cancer Society.

Most innovatively, Emmet lifted 10 Tonnes during the workout, by doing 50 squats, 25 deadlifts and 25 bench-press- all at 100kg; a truly gigantic undertaking.



The fundraising impact was enormous, as he raised a total of €46,008.60, with €23,004.30 going to each of the two charities benefitting. St. Vincent's is most grateful for this huge contribution to our Haematology care.

Because of his amazing journey and the formidable challenges Emmet faced and overcame, we asked him if he would contribute an article to share his story. It is inspirational.

Emmet's Story

"Rugby was always a huge part of my life since I started playing with Seapoint Rugby Club from aged 6. I progressed through school in Blackrock playing on the successful Junior Cup team in 2013, and the Senior cup teams in 2015 and 2016. From there I joined UCD as a student and rugby player in 2016 in addition to playing at u18 for Leinster. Shortly after graduating, commencing a Master's Degree and entertaining a hope that I could succeed in professional rugby, my ambition suddenly came to an abrupt halt when I was diagnosed with Hodgkin's Lymphoma in May 2021. There followed a period of about thirteen months of challenging treatment, which included chemotherapy, radiation and a stem cell transplant, with evident progress in my condition interspersed with significant setbacks. I little thought that I could ever hope to return to playing rugby at a serious level. That amazing outcome ultimately is where I now find myself. I felt well enough in August of this year, to resume training with UCD gradually getting game time with the Seconds team and in November I played my first game with the First team. I am currently on a maintenance drug which I get once every three weeks but it's not as limiting as the previous treatments. I am so grateful to all my medical team and to my family for enabling me to get to the full health I now enjoy. I was delighted to show my appreciation by fundraising for St Vincent's and I wish other patients the very best in their own treatments"

Thank you Emmet and thanks also to the many, many people who supported his fundraising.

Lynch Sisters Run for Oncology patient care:

Caitriona and Marie Lynch took part in the Galway Bay Run in October 2021 and ran a half and full distance marathon respectively. In doing so, they fundraised for Oncology patient care here in St. Vincent's in memory of a loved one. Their iDonate fundraising page raised a magnificent total of €2,428.30. We are extremely grateful on behalf of our patients.

In memory donation to the Intensive Care:

In memory of their beloved mother, who spent several weeks in the Intensive Care Unit, a family donated €10,000 to I.C.U. in June. This extremely generous donation will be used towards advanced education for Intensive Care nurses.

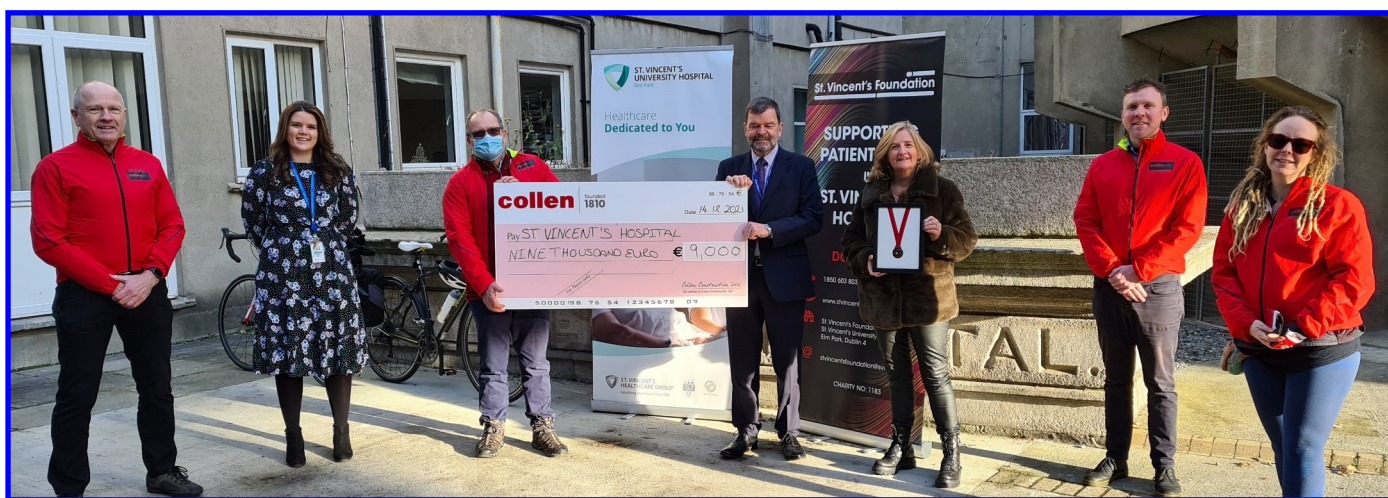
Fundraising Highlights continued.....

Collen Charity Cycle 2021 – Around the World in 8 Days for St. Anne's Cancer Care:

The staff of Collen Construction held their annual Charity Cycle, raising funds in support of chosen charities in Ireland, Germany and Sweden. These are the countries where Collen operates. The cyclists completed a distance in excess of 45,000km in approximately 21 countries and, in so doing, raised money for 17 charities in Ireland and abroad.

St. Vincent's was delighted to be awarded €9,000, which will be dedicated to St. Anne's Cancer patient care, in memory of a much loved colleague, the late Conor O'Carroll. We cannot overstate our appreciation of this kind generosity.

As we go to print we are aware that Collen have done another cycle in 2022 with even bigger ambition for numbers and distance. We will feature this in the next issue.



Pictured L. to R. at the presentation of funds are Tommy Drumm, Dr. Ciara Drumm, Neil Collen, John Hickey, Susan O'Carroll, Alan Barnes & Sandra Muller

Annual fundraising by St. Michael's College:

Apart from the educational and sporting achievements of St. Michael's College, they have always placed a strong emphasis on imbuing their students with a high sense of social responsibility. This is manifested every year in a huge fundraising for a variety of charities through the sale of Christmas trees.

St. Vincent's Foundation is fortunate to have been a beneficiary for many years now. This year the management and students presented €2,500 to the Foundation to be directed to Pancreatic Cancer research in the hospital.

Over the years, the students of St. Michael's College have raised €24,000 for projects in St. Vincent's. The impact of these has been enormous for our patients and we deeply appreciate the continued support.

Pictured are St. Michael's students, accompanied by Aidan O'Donnell, Deputy Principal, presenting the fundraising to John Hickey, St. Vincent's Foundation



Fundraising Highlights continued.....

Paddy's Walk - Fundraising for I.C.U. in memory of Paddy Conway:

In memory of their much loved dad, Paddy Conway, his 3 daughters Deirdre, Sinead & Ciara undertook a 5km walk every day for 119 days (*the length of time their Dad was in I.C.U.*), with the proceeds going to the Intensive Care Unit here in St. Vincent's.



Through their iDonate fundraising page and other donations, they presented the magnificent total of €11,000. The funds were used to purchase a really high specification specialised chair for the I.C.U. This is a terrific addition to our facility for care in ICU. The chair, commemorating Paddy is pictured here.

In addition the fundraising supported postgraduate education of a further specialist nurse in Intensive Care medicine.

On behalf of current and future patients in I.C.U. here in St. Vincent's, we are hugely appreciative of what the Conway family has done.

Pictured below presenting their proceeds are Deirdre, Sinead & Ciara, along with I.C.U. staff members Alita, Jincy, Christina & Olive



Fundraising for Lupus Research:

Our thanks to Jessica O'Reilly from County Cavan, whose father, Padraig Smith, undertook fundraising for Lupus Research here in St. Vincent's, raising a most welcome €2,000 for this important medical cause.

Padraig cycled from Mizen Head to Malin Head on his own. He covered this distance of 660 km over four days, which is an enormous achievement, beyond the capacity of most.

His wife Sheila followed him in a support vehicle. As depicted in the photograph, Padraig's family were on hand to cheer his arrival into Malin Head. Well done and thanks to all.

Fundraising Highlights continued.....



Glasheen Christmas Lights fundraising for the Liver Unit:

In the "Christmas" period from November 19th to January 7th, Lisa & Murt Ryan and the Glasheen Community in Kildavin, Bunclody, County Wexford organised a spectacular seasonal lighting display. As in previous years their spectacle drew huge numbers of visitors, contributing to a cause chosen by the community, which this year was the Liver Unit in St. Vincent's University Hospital.

As well as providing an amazing centrepiece to the Glasheen Community, the project donated almost €5,500 which is a most welcome addition to the capability of our Liver Unit. This is particularly pertinent as their friend Ciaran Kavanagh had a successful liver transplant in the Unit. We are most grateful to all involved in this fantastic result. [\(see photos from the event\)](#)



Hugh Cooney Memorial Fund:

The family of the late Hugh Cooney most generously donated a further €50,000 in December 2021 to the Hugh Cooney Memorial Fund for Counselling support in St. Vincent's Private Hospital. The continued support of the Cooney family, as well as individual donations, to this fund have ensured that this most important service is continued in St. Vincent's Private Hospital.

In August this year, we also received a Bequest of €5,000 for the Hugh Cooney fund. Katie Gill took part in the 2022 Women's Mini Marathon raising €4,770 for the Hugh Cooney fund. Together these generous contributors have enabled a vital service that otherwise would not be available to patients of the hospital.

Mine Electricians at Boliden Tara Mines – In Memory donation:

In memory of their late friend and colleague, John Galvin R.I.P., the Mine Electricians at Boliden Tara Mines, made a donation of €1,000 for Oncology Research here in St. Vincent's. The group have on two previous occasions also raised funds for this great cause and their commitment is testimony to the affection in which John was held by his colleagues and friends. Our thanks to all associated with this donation, in memory and appreciation of the kindness and treatment shown to their late colleague.

UCD Students fundraising:

The U.C.D. North American-Irish Medical Students Association (NIMSA) runs fundraising events every semester with the goal of engaging the medical student body and giving back to the local community. In Autumn 2021, they hosted a Pub Quiz in order to raise funds for the St. Vincent's Foundation. Our thanks to all involved for proceeds of €170 donated for patient care.

Head Shave for St. Mark's Ward:

Our thanks to James Behan from Gorey who fundraised for St. Mark's Ward. James did a head shave fundraising event raising €3,200.

In Memory donation for Pancreatic Cancer Research:

In memory of their beloved mother, who died in St. Vincent's, a family from County Laois donated €2,000 this November for Pancreatic Cancer Research here in St. Vincent's. This was monies raised at the time of her funeral. We are very grateful for this kindness to a key medical area, at such a sad time for the family.

Fundraising Highlights continued.....



Eamonn & Mary Burke's St. Stephen's Day Charity Swim 26/12/2021 in aid of the Liver Unit:

On St. Stephen's Day last, Eamonn & Mary Burke from Arklow ([pictured](#)) along with family and supporters took to the sea at South Beach in Arklow for their 11th annual Charity Day Swim in aid of the Liver Unit here in St. Vincent's.

Because of the Covid-19 restrictions pertaining at the time, it appeared that the event would not go ahead. However, the annual event has engendered such popular support that many participants pressed for it to proceed again this year. It did, and once again, was most successful. The proceeds from all supporters, including Rabobank's Partnership Fund amounted to €3,905. All proceeds as normal from this event, are devoted to the Liver Unit in St. Vincent's, where Mary and Eamonn, over many years, have raised approximately €63,000. We are most indebted for this wonderful generosity.

A big Thank You also to every supporter this year and over all the years, and of course a very special thanks to Eamonn, Mary and their family. While the rest of us are having a lazy St. Stephen's Day, Eamonn & Mary with their phenomenal loyalty to St. Vincent's will again be repeating the charity swim this year with their regular supporters. Let's hope the weather is kind to them. [See photos from the event at Christmas 2021](#)



Jillian McNulty's Valentines Ball 2022:

One of our most extraordinary fundraising supporters over many, many years has been Jillian McNulty from County Longford. She has ranged across a multitude of fundraising events, all of them massive successes and in the process, has raised an enormous amount of money for medical care, particularly Cystic Fibrosis and Renal care. St. Vincent's has been a beneficiary of almost €23,000.

Jillian's main event this year was a highly successful and enjoyable Valentine's Ball in Lough Rynn Castle, Co. Leitrim, following a series of these events. From this Jillian presented €4,000 to St. Vincent's - of which €3,000 is committed to the Cystic Fibrosis Unit and €1,000 for the Renal Unit here.



Many people who are aware of what Jillian has done for several charities over the years, will know that she received a successful kidney transplant during this year. We are truly delighted for this wonderful deserving woman, who has been supportive of so many others. On behalf of our patients we owe so much to her. Thank you, once again Jillian and you have the good wishes of thousands of people who have benefitted from your efforts.

Fundraising Highlights continued.....

Virginia Credit Union Coffee Day Fundraiser in Memory of Amanda Brady:

Virginia Credit Union held a coffee morning to raise funds for a number of charities, including St. Vincent's Foundation, on 11th June last. The event was in memory of their great friend Amanda Brady who died in 2021. St. Vincent's received €500 from this event, for which we are most grateful.

See photos below from the day including Merryn Roe, Amanda Brady's youngest daughter at the cheque presentation.



2022 Women's Mini Marathon – Thank you to our fundraisers:

A very sincere thanks to all our supporters who took part in the 2022 Women's Marathon on Sunday 5th June, fundraising for various causes here in St. Vincent's. This year's event raised over €14,000 for causes such as Neuro Endocrine Tumour, I.C.U., Liver Unit, the Hugh Cooney Fund for Counselling support in St. Vincent's Private Hospital and for general Patient Care. *See photos of some of our great supporters.*



“A Run for Joeie” fundraising for the Liver Transplant Unit:

In memory of Joe Smith, whose father is a patient of the Liver Transplant Unit here in St. Vincent's, family and friends organised a Truck/Bike/Vintage run in August 2021. In March this year, the Committee donated €4,000 from the event to the Liver Unit here in St. Vincent's. Thank you to all concerned for this great support.

Grange Golf Club—Ladies Club:

Every year the Ladies Club in Grange Golf Club fundraise for Breast Cancer Research. Our thanks to them for proceeds of €595 donated in December 2021 to benefit Breast Cancer Research here in St. Vincent's.

November 2021 fundraising for Pancreatic Cancer:

Sami Bouakkaz again undertook Movember fundraising to benefit Pancreatic Cancer research and care here in St. Vincent's. Sami presented a further €1,670 to St. Vincent's for Pancreatic Cancer research and care. Thank you Sami for again fundraising for St. Vincent's.

Fundraising Highlights continued.....

Carmel's 70th birthday fundraising for Leukaemia Research (Haematology):

Our sincere thanks to Carmel O'Grady who set up an iDonate fundraising page, to fundraise for Leukaemia Research here in St. Vincent's, in lieu of 70th birthday presents. Carmel raised the fantastic total of €3,065 and our thanks to all who supported Carmel's fundraising.

Graham Memorial Clontibret Pipe Band collection for the Liver Unit:

Clontibret Pipe Band recently held a dedication night for their founding member Kenny Graham who had passed away a few years ago. *(Pictured the late Kenny Graham as well as their new bass drum and pipe bag covers)* On the dedication night they formally renamed the band, in his memory, as Graham Memorial Clontibret Pipe Band. There is a particularly strong connection between the Band members and St. Vincent's Liver Unit. Adrian Jebb, who had a successful liver transplant in 2005, is a very active member, together with his family. Kenny Graham had previously fundraised very successfully for St. Vincent's Liver Unit. On the dedication night, the band took up a collection to be shared equally between Cavan Monaghan Palliative Care and also the Liver Unit in St. Vincent's. From the total raised of €1,200, we are delighted to acknowledge receipt of €600 for St. Brigid's Ward in the Liver Unit and our thanks to all concerned for their generosity to St. Vincent's.



Cheque presentation photos:

*John Hickey with
L to R Wilson, William & Adrian
Jebb*

*L to R Wilson & William Jebb and
Isaac Leathem*



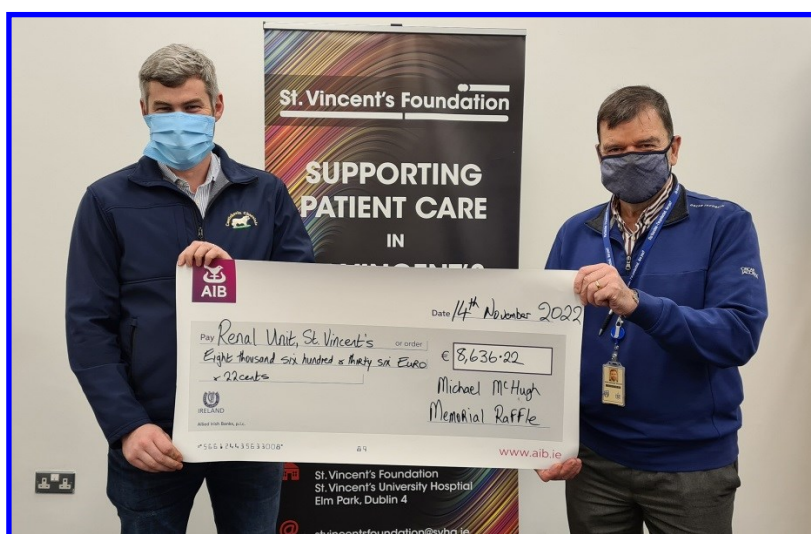
Fundraising raffle for Renal/Dialysis Unit in St. Vincent's:

Michael McHugh from County Wicklow organised a "first" for St. Vincent's fundraising. He arranged a terrific online raffle through iDonate for the renal/dialysis unit here in St. Vincent's. Headlined by the first prize of a charolais heifer and with a wide range of other great prizes, Michael raised a magnificent total of €8,636.22.

Michael's fundraising was in memory of his late father Michael who was a patient for many years in St. Vincent's.

On behalf of current and future patients, we are really thankful to Michael, his family and supporters.

*Pictured is Michael presenting his proceeds
to John Hickey*



Fundraising Highlights continued.....

Fundraising for St. Anne's & I.C.U. in St. Vincent's by Charlene Murphy:

Following the premature birth of her daughter Freya in February 2022, Charlene Murphy from Tullow, County Carlow spent some time in the Intensive Care Unit and St. Anne's Ward here in St. Vincent's. After her successful recovery, Charlene and her husband Pàdraig fundraised to benefit the three hospitals involved in the care of Charlene and of Freya and in the process raised the amazing total of almost €14,500 to be shared between the three hospitals.

Charlene and Pàdraig called their challenging venture *The Dublin to The DÉISE cycle! Our journey for Freya*, which took them from St. Vincent's Hospital to the Waterford SCBU where Freya was cared for after her birth. We are delighted to share some of the photos taken at the cycle.

From the total funds raised, €4,421.85 was donated for St. Anne's Ward in St. Vincent's to purchase an exercise machine for patients. In addition they donated €2,250 for equipment and education in the Intensive Care Unit in the hospital. This contribution of nearly €6,700 for the benefit of patients in St. Vincent's is most appreciated. Finally we are delighted to report that Freya is a happy and healthy baby.



Pictured presenting her fundraising proceeds of €6,671.85 to St. Vincent's are Charlene with her daughter Kayla, along with Chandan D'Souza & Joy Lewis, Clinical Nurse Specialists in Haematology Dept. and John Hickey, C.E.O. SVF. Also pictured is the exercise machine they purchased for St. Anne's Ward and photos from their other fundraising events.



Captains' Charity Day, Carrickmines Golf Club for Prostate Cancer Care & Research:

Nicki McKee & Clive Chapple, Captains of Carrickmines Golf Club organised a Charity Day on 3rd September last. Despite the weather being unseasonably difficult, the day raised an amazing sum of €11,553.63, which is testimony to the popularity of the Captains and the generous spirit of the Club.

The proceeds of the fundraising day will be dedicated to Prostate Cancer Care & Research here in St. Vincent's. This is a very welcome addition to our capacity in this important area and we are extremely grateful on behalf of our current and future patients.

Pictured are Nicki and Clive presenting proceeds to John Hickey, St. Vincent's Foundation



Fundraising Highlights continued.....

Fundraising for Breast Cancer

The family of Bridie O'Toole did a double. Her brother Tom Smyth and her niece Leona Dwyer, together with their family and friends, organised two most interesting events in support of Breast Cancer in St. Vincent's. We feature them both below.

Tom & Yvonne Smyth, with Carnew Mart – fundraiser for Breast Cancer Research:

In one of the most inventive fundraisers we have experienced, Tom & Yvonne Smyth decided to raised funds from the sale of a bullock, to support Breast Cancer Research in St. Vincent's, where Tom's sister Bridie had been a patient.

In an outstanding partnership with Carnew Mart, the bullock was auctioned on Saturday 4th June and fetched an extraordinarily fine price of €2,500. Carnew Mart topped this up with a direct contribution of €500 and subsequent donations from people aware of the sale, amounted to €600. The €3,600 thus raised is a terrific contribution to Breast Cancer Research here in St. Vincent's.

Pictured are members of Tom & Yvonne's family, including his sister Bridie and grand-daughter Casey, along with Dawn from Carnew Mart.



Leona Dwyer Charity Dance for Breast Cancer Research:

Leona Dwyer and her mother Christine organised a highly successful fundraising dance in on Sunday 4th September last in Parkview House, Shillelagh, Co. Wicklow.

The music for the evening was provided by John Molloy and there was also a raffle with attractive prizes. The event was a highly successful fundraiser contributing €2,500 to Breast Cancer Research in St. Vincent's.

On behalf of our patients, we are most grateful to Leona, Christine and all who organised and supported this function.



Pictured are Leona and Christine, respectively, presenting the fundraising proceeds.



Fundraising Highlights continued.....



Bequests:

As we have mentioned before, bequests are a great way for supporters to have an impact in the hospital for many years to come.

St. Vincent's Foundation is a founder member of MyLegacy.ie which encourages people to make a will and to consider supporting a favourite charitable cause as they set out their wishes in a will.

On page no. 26 we set out more detail about MyLegacy.ie and the benefits of making a Will.

Since the last edition of this magazine, we have received the following bequests:

- ♦ In January this year, we were delighted to received a bequest of €1,774.92 for the Cardiac Unit here in the hospital.
- ♦ Following the settlement of an estate in the U.K., St. Vincent's received a most generous bequest in April of €79,024, which will benefit patient care here in St. Vincent's
- ♦ Through a generous bequest in June, St. Vincent's Private Hospital received €20,000 for patient care.
- ♦ In September of this year we received a €500 bequest for the Emergency Department in the hospital.

Tax Reclaim for Charities

As a registered charity, donations to St. Vincent's Foundation can be enhanced when we can reclaim tax on the amount donated. From January 2013, for all donations of €250 or more in a given tax year the receiving charity receives a tax rebate for the charity provided the donor/taxpayer had paid tax of this amount or more in the relevant tax period. Because donations are made from "after-tax" income the tax reclaim is calculated to refund the amount of tax that would have been deducted and the taxation rate used is 31%.

The benefit to charities is best demonstrated by the following example - where a donor gives €500 to St. Vincent's Foundation the €500 is considered to be what was left after the donor had paid tax. At a rate of 31% this gross amount before deduction of tax is calculated at €724.65. If the donor has paid a minimum of €224.65 in tax in the years of donation, Revenue will repay this amount (€224.65) to St. Vincent's Foundation thereby increasing the value of the donation by almost 45%.

Relevant donors complete and sign a Revenue CHY4 or CHY3 form, which we can provide, and the tax reclaimed is very worthwhile as it substantially increases the income to charities at no further cost to donors.

Further details and tax relief forms available on www.revenue.ie under "Charitable Donation Scheme"

We are so indebted to all our supporters mentioned in this edition and to many more not listed. Some donors do not want to be identified and we always respect that.

***All donations and grants are shown on our website
www.stvincentsfoundation.ie***

Patient & Family Quotes

It is always a heartening experience to read some of the comments of our patients and their friends and families. A number of them follow the death of a loved one and reflect the importance of warmth and care at the most vulnerable time. What follows are verbatim excerpts from communications received. We should stress that these are a very small sample of the volumes received.

"Thank you for looking after me in hospital".

"Having such lovely staff makes it easier to be in hospital".

"A very simple but heartfelt thank you for giving us the space and comfort to say goodbye to our mother".

"Thank you so much for the kindness you showed me during my stay in the hospital. I really appreciate it".

"Thank you so much for the great care over the last 4 weeks and for being so kind".

"Life would be a hell of a struggle without you all and I am blessed to have you".

"I'd be lost without you and really appreciate everything you do".

"Thanks to all for looking after our Dad and being so kind".

"It has been a long "stint" but you've kept me buoyed up always".

"Thank you for the chats and giggles and hugs and smiles".

"Thank you so much for the support, encouragement and friendly faces".

"Thank you for getting me back on my feet".

"I will never forget how you all saved my life and for that I'm forever grateful".

"Thank you for looking after me so well. It made it much easier to be in hospital".

"Thank you for all your hard work, long hours, and patience. You kept us going with your warmth, empathy and hope".

"Huge thanks for the care you all gave".

"Thank you for the kindness.....It was a difficult time".

"Thank you so much for taking care of me throughout the year".

"I just want to thank you all once again for looking after me so well in my recent illness".

Donors making a difference

In the pages that follow we demonstrate the practical impact that donors and fundraisers have had on patient care in St. Vincent's Hospital.

Here we feature investments in patient and family comforts, and equipment all financed by donors through St. Vincent's Foundation

Our legion of fundraisers and donors all have one thing in common—they want to improve the environment and outcomes for current and future patients. In some cases the donors have already identified, perhaps from conversations with care staff, how they would like to do something that makes things better. In many other, they know the area of medicine or of St. Vincent's that they want to benefit from their efforts. In all of these circumstances we are always delighted to demonstrate how these funds really do make a difference. In doing so we must give a huge Thank You to the people who made these happen.

Liver Unit Ultrasound Portable Scanner:

This was identified by a donor, who like many others over the years, wants to remain anonymous. This investment would not have happened at this time without the intervention of this very kind supporter. The machine is in place, fully functional and having a positive impact for patients.



Specialist Exercise Machine for St Anne's Ward:

Separately in this issue, we featured the fundraising success of a former patient, Charlene Murphy, and her husband Padraig. As well as raising funds for a number of hospitals involved in her care and that of her baby Freya, the family purchased an exercise machine specifically designed to enable vulnerable patients to exercise in safety from their hospital bed. This is proven to be very effective in the recovery journey of patients and many will benefit from it over the coming years.

Televisions for all Wards:

It was obvious to us that the quality and reliability of the televisions in wards was quite inadequate so with funds donated from many sources, St. Vincent's Foundation paid for a full T.V. upgrade programme, and replacement, in the majority of cases. This has been completed and, particularly for long-stay patients, has improved immeasurably the comfort during their time in the hospital.

Specialist Nurse Education:

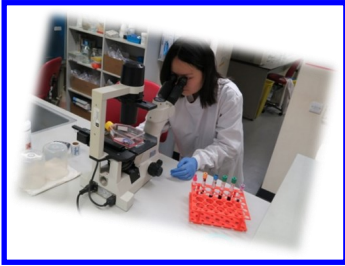
During the Covid-19 period, St. Vincent's significantly increased the staffing in our Intensive Care Unit (ICU). To enable these additional staff to be at their most effective they completed a specialist post-graduate qualification in UCD. Enabled by many donations, St. Vincent's Foundation was able to finance approx. 10 of these course with immediate and enduring enhancement of patient care in ICU. Ann Flynn, Director of Nursing makes reference to this in her article in this magazine. In addition we supported advanced Nurse Education in Rheumatology.



Breast Cancer Research:

Continuing the success of a collaboration with Trinity College, we continued to fund a programme of research into a specific aspect of Breast Cancer. It has delivered very positive progress to date leading, as we have highlighted before, to further substantial funding from external sources to great effect. We expect to continue to support this work.

Donors making a difference continued.....

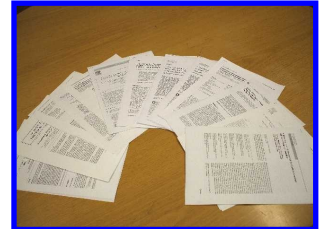


PhD Support in Medical Specialties:

Continuing education is vital to gaining insights and improvements in modern medicine and has been an area of support from St. Vincent's Foundation. During this last year we were able to support staff in PhD programmes in partnership with University College Dublin, in Respiratory medicine, Chronic illness, Radiology, Infectious Diseases and Liver Disease.

Publication of Specialist Medical Research Papers:

Advances in medical science and consequent patient outcomes are propelled by a collaborative approach among medical and scientific communities around the world. Central to this is the publication of Investigative papers and sharing of findings. St. Vincent's Foundation was proud to fund some of these papers.



Major research in Obesity:

For many years, under the guidance of Prof Donal O'Shea (pictured), St. Vincent's has been able, through the generosity of donors, to provide very significant funding for this important medical discipline. The contribution this year is better expanded by this insight from the team:

"In 2020, a novel virus we now know as SARS-COV-2 rapidly emerged on the world. This virus caused COVID-19 a respiratory disease which proved to be fatal in over 6.5 million individuals. Based on previous viral pandemics we predicted that people living with obesity would be at greater risk, with more severe outcomes. Unfortunately this was confirmed with PWO (People with Obesity) more likely to be; infected with, hospitalised with and die from COVID-19.

Luckily a suite of vaccines were developed quicker than ever before, dramatically changing outcomes. However a major concern persisted - would the vaccines be effective in PWO. Studies from influenza and hepatitis indicated that PWO have sub-optimal vaccine responses, resulting in loss of protection. It was unknown if the same was true for COVID-19 infection and vaccination.

We wanted to answer this unknown as quickly as possible. We received very generous philanthropic funding via St. Vincent's Foundation which allowed us to start these studies immediately. In collaboration with both Prof Patrick Mallon and the Irish Coalition for People with Obesity (ICPO) which rapidly recruited cohorts of individuals who were recovering from Covid-19 or who had received the Covid-19 vaccine, and set about answering the unknown.

We have since completed and published two studies (Wrigley-Kelly et al Obesity 2022 & Wrigley-Kelly et al International Journal of Obesity 2022) which shows that PWO can generate protective immunity after recovering from or being vaccinated against COVID-19, which is excellent news."

Photo from I.C.P.O. (Irish Coalition for People Living with Obesity) promoting positive images of people living with Obesity



Donors making a difference continued.....

Transplant Programmes

We think this is an opportune time to share some information on two major areas of activity in St. Vincent's, which involve organ transplantation. These have proven to be life-changing for so many patients and demonstrate in a terrific way the outcomes that can be achieved.

Liver Unit and Liver Transplants:

The Transplant programme started in St. Vincent's in 1993 and we are the National Centre for Liver Transplants. The Centre in St. Vincent's was officially opened by the then Minister for Health, Mr Brendan Howlin. Initially the programme was operated, for two years, in liaison with Kings College Hospital, London where a similar programme had been running for some time. Within a relatively short period the Irish programme was achieving similar results to those experienced in the UK.

Over the 29 years since inception the specialised team in St. Vincent's has transplanted almost 1,300 patients with a yearly average now of 55 to 60. Patients from all over Ireland are treated for Liver disease, some requiring transplants, many not so. To meet these patients is to experience the human success of the programme which has been life-saving in so many cases and equally life-transforming in so many others. People have been able to resume full lifestyles while continuing to be monitored and cared for in the hospitals.

Donors and fundraisers have always contributed to the success of the Liver Programme. Each and every supporter should be proud in the knowledge that everything they have done has facilitated investment in specialist training, in medical equipment and in research. Together these enable St. Vincent's to be a world-class facility for this treatment.

A constraint on Transplantation programmes is the availability of donor organs. We are all encouraged to carry donor cards and record our donor intention on our driving licences where relevant. We would appeal to all to give this positive consideration.



Donors making a difference continued.....

Pancreas Transplant Programme:

In 2016 St. Vincent's University Hospital was established as the new home of the National Pancreas Transplant Programme. The surgical teams from Beaumont Hospital and SVUH work closely together, in SVUH, to carry out the Simultaneous Pancreas & Kidney (S.P.K.) transplants. Since then, there have been 27 transplants carried out, including 8 transplants in 2022.

SVUH provides a Consultant led Pancreas Transplant Service for those patients with Type 1 Diabetes. Mr Tom Gallagher, Dr John Holian and Dr Aisling O'Riordan have taken the lead in this matter.



Patients who require a simultaneous pancreas and kidney transplant are cared for in SVUH by a multi-disciplinary team, which combines the expertise of the surgical team and nephrologists in SVUH with the renal transplant team from Beaumont Hospital.

As the programme continues to grow in SVUH, we hope to increase the yearly transplant numbers. This can only be achieved through awareness and with the continued selfless generosity of donors and donor families to whom we are so grateful for.

Finally, we want to say a big thank you to fundraisers and donors and to the families of those, who by donating organs, gave the chance of life to others after their death.



St. Michael's Hospital Dietetics:

In an innovative project, St. Michael's Hospital created an interesting and highly effective Dietary Management system for patients. Included in the investment were specialist Robot food blenders and Robot sieving equipment.

Information Technology for Patient Care:

We financed laptop and ipad equipment for better information management in clinical ward settings leading to quicker inputs to patient treatment.

Arthroscopy Equipment:

Financed by restricted Rheumatology funds in St. Vincent's Foundation we were able to support the purchase of a Karl Storz Camera System for care of patients in Rheumatology for which we are very grateful. In addition patient care was enhanced by the acquisition of additional Rheumatology scopes.



Conference Attendance:

In addition to formal education and engagement in medical practice, attendance at specialist conferences is extremely effective in sharing experiences and in growing expertise. During the year we were pleased to assist staff in attending such conferences including Psycho-Oncology, Pain Management and Orthopaedics.

We should also express our gratitude to a number of Pharmaceutical companies who have supported these conferences with educational grants.

Donors making a difference continued.....

Support for Research Centres:

In co-operation with Biobank Trust Ireland, we assisted in obtaining additional freezer equipment for the Biological Resource Centre (BRC) in the Education & Research Centre, in the hospital. This will supplement the capacity for carrying out their vital work in medical research.

The BRC is used to collect, process and bank patient samples for research purposes, both clinical and translational. The BRC provides a dedicated environment for the storage of samples that are under 24/7 temperature monitoring and personalized barcode labelling system for reliable sample management and tracking.



Sleep Research:

The Foundation was delighted to provide financial support for the Sleep Laboratory within the Respiratory Medicine Dept. of the hospital and will continue to be involved.

Regency Chair for ICU:

Elsewhere in this issue we featured the fundraising of the family of the late Paddy Conway. We are delighted that one of the benefits of this was the acquisition of a Regency Chair (pictured) specifically designed for use in an Intensive Care Unit environment. The benefits of this type of chair are enormous, meeting the particular needs of patients and those who care for them in I.C.U.



Pouches for St. Anne's:

While his mother was being treated in St. Vincent's, Damien Redmond came up with the great idea of making pouches for the pumps used in patient care in the hospital. The hand-made pouches, which take hours to sew, are superb. They are loved and appreciated by patients and make a real difference in their care environment. Sadly, Damien's mum passed away in October and is greatly missed by her family. The pouches are, hopefully, a lasting testament to her memory.

Damien is pictured presenting some of the pouches to C.N.M. Naomi Leacy & Dr Claire Andrews, Consultant Haematologist.

The investments we have just featured are making a hugely significant contribution to our patient care and will continue to do so for the years ahead. They clearly evidence that the various efforts our supporters have made to raise funds are central to our capacity to achieve our worldclass potential.

We thank them again.

Christmas Cards

SUPPORT ST. VINCENT'S BUY OUR CHRISTMAS CARDS

Christmas Cards are available from St. Vincent's Foundation or we can supply by post.

Cards cost €5 per pack (10 cards) plus postage of €2.00 per pack.

You can order Christmas cards in the following way:

- ♦ email us on stvincentsfoundation@svhg.ie
- ♦ call us on 01-2215065.
- ♦ fill out the order form below and post in with your payment
- ♦ order online through the "DONATE" button on our website giving details of your order



Order form for Christmas Cards

Name: _____

Address: _____

Contact tel. no. _____

Cards are packed in 10's @ €5.00 per pack

Assorted Non-Religious

Assorted Religious

No. of packs _____ **(plus add Postage €2 per pack)** **Amount enclosed €** _____

(Cheque/postal order payable to "St. Vincent's Foundation")

or order online through the "Donate" button on our website, giving details of your order)

Your completed order form and payment can be sent to:

**Mr. John Hickey, C.E.O. (Voluntary), St. Vincent's Foundation, St. Vincent's University Hospital,
Elm Park, Dublin 4**

My Legacy.ie and Making a Will



St Vincent's Foundation is proud to be a founder member of MyLegacy.ie. It reflects our very strong view of the importance of making a will.

MyLegacy.ie was established by a wide range of charities many years ago. The primary aim is to promote the wisdom of everyone, who has any assets at all, making a will. There are so many tragic stories of individuals who did not record what they wanted to be done with what they owned after they died. Families disputes have permanently damaged relationships

between siblings because one or more feel that they have been disadvantaged in the distribution of wealth; particularly that of a parent. It is not at all unusual that the value of an estate is devastated by legal costs incurred by all parties in Court proceedings to determine who should have what.

It is estimated that only about 30% of adults in Ireland have up-to-date wills.

In research about the thought process in deciding to make a will there are frequently identified barriers. Respondents believe that making a will is only for older people or for very wealthy individuals. Unfortunately, through accident or sudden ill-health, the death of a person can come very abruptly and at a young age. Many people who consider that they don't have much to leave in a will fail to take into account the value of their home which can be considerable. In all cases the absence of a properly noted intention as to what is to happen after our death is highly risky.

There are a number of allowances in Irish tax laws relating to inheritance. Very often these are lost to the family if no will is created. This again is disadvantaging the family of the deceased in a way they probably never would have intended.

Making a will is, in most cases, a simple process. It is advisable to engage a solicitor to ensure that intentions are clearly set out and nominating who is to ensure that the instructions are carried out in accordance with the instructions in the will.

MyLegacy.ie, as well as advocating for everyone to make a will, has a further objective of encouraging that consideration be given to including a gift to a favourite charity when full provision is made for family and friends who are to benefit from the estate. A legacy gift, in this way, can ensure that our support for the charity continues long after we are gone.

September was Legacy Month in Ireland. In this My Legacy.ie was enthusiastically supported by Pat Spillane. Pat, the legendary Kerry footballer and pundit, together with his daughter, Cara, were great ambassadors for MyLegacy month in September. They emphasised the peace of mind that comes from having your affairs in order but also made reference to the opportunity to support something dear to you with a legacy gift.

As we mentioned elsewhere in this issue, St. Vincent's has benefitted from people who have left funds to our hospitals in the nearly 200 years since the establishment of the first hospital in 1834. These have enabled a lot of investment in patient care that would not have been possible otherwise. On behalf of all our patients, over all those years and the time to come, we express our heartfelt gratitude.

How we handle your money & Fundraising



Regular readers will be familiar with this page which we reproduce in each edition as we feel it is important to demonstrate both our activities but also our consistent policy in dealing with donations.

Donations: *In line with our privacy policy we generally do not highlight specific donors unless they specifically request to be identified. Most donors want confidentiality and we always respect that.*

Personal details of **Donors** will remain confidential unless SVF is specifically requested by the Donor to publicise them. Otherwise Donors will be able to recognise their own donation by reference on that page to the donation date and amount and by the cause, if they have specified one.

Fundraisers will be individually identified in the publicly accessible database, if they have requested to be identified, by name and amount raised. Otherwise they will be able to recognise their contribution by reference to the presentation date and amount and specific cause if nominated.

For details of all donations, fundraising and spending, please see our website www.stvincentsfoundation.ie On the website also, you can read our Income and Grants policies.



Fundraising Events

These are one of the biggest sources of financial support.

Are you thinking of taking part in a fundraising event?

If so, please consider choosing St. Vincent's Foundation as your chosen charity
You can select the cause within the Foundation you would like your money to go to
All monies received will go directly to your chosen cause and patient care

Don't forget our partners in fundraising, where you can set up your own fundraising page:

iDonate <https://www.idonate.ie/stvincents>

Given Gain <https://www.givengain.com/c/stvincentsfoundation/>

Just Giving <https://www.justgiving.com/stvincentsfdn>



**Contact us now for a sponsorship pack on 01-2215065
or
Email: stvincentsfoundation@svhg.ie**

Donations can be made via Our Website

www.stvincentsfoundation.ie

Or

Pick up one of our leaflets in the hospital

OUR CONTACT DETAILS

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Fax: 01 221 4428

Email: stvincentsfoundation@svhg.ie

Company Registration No. 464228

Registered Charity No. 20001872

St. Vincent's Foundation complies with The Principles of Good Governance
and with The Statement of Guiding Principles for Fundraising

St. Vincent's Foundation